Item #12 Attachment 12.B

Health Education 2017 Annual Evaluation



2017 Health Education Department Work Plan Year-End Evaluation

Submitted by:

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I. Purpose

The purpose of the CalViva Health (CVH) 2017 Health Education Work Plan is to provide a systematic plan of health education activities for the calendar year. It also documents the outcomes of proposed health education programs and services. The implementation of this plan requires the cooperation of CalViva Health senior staff management and multiple departments such as Cultural and Linguistic Services, Quality Improvement, Utilization/Care Management, Members Services, Marketing, and Provider Relations.

II. Goals

- 1. To provide CalViva Health's free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community in achieving good health and overall wellbeing.
- 2. To provide quality health education programs, services and resources to positively impact CalViva Health's HEDIS rates.
- 3. To provide quality health education programs, services and resources to positively impact new member satisfaction and member retention.

III. Objectives

- 1. Encourage members to practice positive health and lifestyle behaviors.
- 2. Promote members to appropriately use preventive care and primary health care services.
- 3. Teach members to follow self-care regimens and treatment therapies.

IV. Selection of the Health Education Department Activities and Projects

The 2017 Health Education Work Plan activities and projects are selected from results of county-specific group needs assessment reports (i.e., demographics, health status, risk factors, and surveys), regulatory requirements, department evaluation report from the previous year, HEDIS results, contractual requirements, and strategic corporate goals and objectives. After review and input from senior management staff, projects and new departmental activities are identified and incorporated into this work plan. Programs and services are developed with special attention to the cultural and linguistic needs of our membership. This work plan addresses the needs of our Medi-Cal (MC) members.

V. Strategies

The 2017 Health Education Work Plan supports and maintains excellence in health education services activities through the following strategies: increase provider support, resources and communication to ensure provision of comprehensive health care services; support community collaboratives to promote preventive health initiatives; enhance member utilization of CalViva Health's health education and cultural and linguistic resources to help them better understand and manage their health conditions and improve HEDIS rates; improve Health Education Department's efficiency; and to meet compliance. The main health areas of focus are: pregnancy, weight control, member engagement, smoking cessation, preventive health care services, and chronic disease education.

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1. Initiative/ Project Title Digital Educational Programs (T2X, Lifeline and Text Messaging Programs)								
	rovider Support			_ Collab	orative Dept Efficier	ncy 🗌 Oversight 🔲		⊠ HEDIS ⊠ GNA
Reporting Leader(s) Prin	nary:	H. Su, B. Nate)		Secondary:		B. Jackson, T. C	Gonzalez
Aim of Initiative/Program		Develop, disseminate and ev	aluate	digital h	ealth promotion and member	r engagement information	and programs to	members
2017 Performance Mea	sures	2017 Goals			Outcome 2016	Outcome Mid-Year 2017		Outcome Year End 2017
Develop and launch Lifeline Progr	ram (SafeLink)	Obtain approval for TracFon implement Lifeline program		Postponed to 2017. TracFone (vendor) did not get promotional materials approved in 2016		DHCS did not approve t Project is terminated.	his project.	Project was not approved by DHCS.
I Enroll members in the health promotion text		Health Promotion Text Messaging Program(s): 150+ members		Text4baby Program: 244 members		Text4baby: 3 members. Program will end in July 2017. Text messaging to SafeLink participants could not start because DHCS did not approve the SafeLink program. Exploring customized text messaging program.		Text4baby: 3 members, program ended in July 2017. Cervical Cancer Screening SMS: 110 out of 126 (87%) members reached, 21% (23 members) replied to text.
Promote T2X health promotion campaigns Reach 1,500+ participants nationwide.			Promoted Asthma, Teen Pregnancy, Depression and Adolescent Vaccination campaigns. Reached 1,685 participants nation-wide		12,321 total visitors nationwide to T2X. Registration is not required so no CalViva Health specific data available. 2,647 participants engaged in 214,785 learning activities nationwide. 88% correct post test results for T2X campaigns.		26,429 total visitors to T2X. 6,476 participants engaged in 472,188 learning activities nationwide. 87% correct post test results for T2X campaigns.	
Promote myStrength Program to address depression, anxiety and substance abuse disorders		Enroll 30+ members	Enrolled		19 members	Enrolled 11 members		Enrolled 32 members
Activities		Target Date Completion		Date npleted	Mid-Year (Completed/ On track/			Year End Progress eted/ Postponed/ Cancelled)
Promote myStrength in member no to case managers to refer applicable		7/17		5/17	Completed.	Completed.		
Get promotional materials approve membership file to TracFone to lar program		9/17	(6/17	Cancelled. DHCS did not	approve this project.	Cancelled.	
Identify, promote and enroll eligib into health promotion text messagi	ing program(s)	12/17	1	2/17	Postponed: Will launch a Screening education and a program in Q3-Q4.		Completed.	
Promote T2X to CalViva Health n targeted for HEDIS improvement	nembers	12/17	1	2/17	On track.		Completed.	
		Year En			Partially Met 🛛 Not I			
Overall Outcome and Analysis	DHCS did not approve CalViva Health to promote the customized Lifeline program to members. The Text4baby program ended in July. Therefore no added program promotion was made this year which resulted in only three new member enrolled in Text4baby. Partnering with QI and the Adventist Health Clinic, we piloted a new cervical cancer screening education and reminder text message program which reached 110 out of 126 (87%) targeted care gap members. Although th pilot only had a 21% response rate, it did demonstrate that 87% of members' phone numbers were mobile and that text messaging could be used to reach members. The T2X health promotion campaigns were widely promoted to CalViva Health and one other health plan's teens and adults. Even though health plan specific member participation information was not available, many of the 6,476 participants could be CalViva Health members because targeted promotion was mailed to members.							he Adventist Health Clinic, we ed care gap members. Although this could be used to reach members. n though health plan specific
Barrier Analysis		t allow CalViva Health to pro						
Recommendations	Continue to p	romote T2X campaigns for ge	eneral l	health edu	ication and use text messagi	ng campaigns for more tar	geted member ed	lucation and outreach.

2. Initiative/ Project Title	2. Initiative/ Project Title Member Engagement for Improved Health Initiative										
Initiative Aim(s)	Provider	Support Member Utilizatio		Efficiency 🗌 Oversight 🔀 Complian	ce 🛮 HEDIS 🖾 GNA						
	rimary:	T. Gonzale	Secondary: B. Jackson								
Aim of Initiative/ Program		Support members in being informe	d, satisfied and engaged to effectively								
2017 Performance Measures		2017 Goals	Outcome 2016	Outcome Mid-Year 2017	Outcome Year End 2017						
Implement a diabetes member incentive program to increase class participation and screenings 40% of targeted members will receive health education with at least 10% of members completing their HbA1c test, Eye Exam, Kidney Test, and Blood Pressure screenings		55 members participated in the diabetes classes and 83 members completed and submitted the diabetes incentive form for HbA1c test, Eye Exam, Kidney Test, and Blood Pressure screenings	43 members participated in diabetes classes. 23 members submitted the incentive form after completing their HbA1c test, Eye Exam, Kidney Test, and Blood Pressure screenings. Member engagement percentages will be reported at year-end.	95 members participated in diabetes classes and 72 members submitted the incentive form to receive \$50 gift card after completing their HbA1c test, Eye Exam, Kidney Test, and Blood Pressure screenings. 25% (18/72) of members completed the health education and screenings.							
Implement an asthma incentive program to increase class participation and increase member compliance with their medication refills	health e	targeted members will receive education with at least 10% of are completing their asthmation refill	5 members participated in the asthma classes and no members completed and submitted the asthma incentive form for their medication refills	34 members participated in asthma classes. 3 members submitted the incentive form after refilling their asthma controller medication. Member engagement percentages will be reported at year-end.	101 members participated in asthma classes and 30 members submitted the incentive form after refilling their asthma controller medication to receive the \$25 gift card. 19% (19/101) of members completed the health education and medication refill.						
Implement a baby shower member incentive program and increase member postpartum visits	health e	targeted members will receive education with at least 10% of rs completing their postpartum visit	67 members participated in the baby shower incentive classes and 1 member completed and submitted the postpartum incentive form	66 members participated in baby shower classes. 8 members submitted the incentive form after completing their postpartum visit. Member engagement percentages will be reported at year-end.	148 members participated in baby shower classes and 9 members submitted the incentive form after completing their postpartum visit to receive the \$25 gift card. 6% (9/148) of members completed the health education and postpartum care visit.						
Implement a cervical cancer member incentive program to increase screenings	health e member screening	targeted members will receive education with at least 15% of rs completing their cervical cancering (CCS)	73 members participated in the cervical cancer screening classes and 105 members completed and submitted the cervical cancer screening incentive form	90 members participated in cervical cancer screening education (in-person and phone education). 119 members submitted the incentive form after completing their CCS screening. Member engagement percentages will be reported at year-end.	274 members participated in cervical cancer screening education (in-person and phone education) and 290 members received \$25 gift card incentive after completing their CCS screening. 66% (181/274) members completed the health education and pap test.						
Develop an incentive program to increase blood pressure screenings	screenii	DHCS approval for blood pressure ng incentive program and develop riate educational material	No program in 2016	This incentive program is not needed at this time. It will not be available.	The blood pressure screening incentive program was not implemented in 2017.						

Activities		Target Date Completion	Date Completed	Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)	Year End Progress (Completed/ Postponed/ Cancelled)				
Identify HEDIS priority top to implement with high volu- low performing providers		2/17	2/17	Completed.	Completed.				
Revise tracking database ar train health educators to implement the incentive programs	nd	3/17	3/17	Completed.	Completed.				
Submit program evaluations DHCS	s to	5/17	5/17	On track.	Completed.				
Partner with CalViva and Q conduct specialty clinics for cervical cancer screenings		5/17	5/17	Completed.	Completed.				
Review and revise the Asthr Basics and Diabetes class curriculum and evaluation to		6/17	10/17	Postponed. Asthma/Diabetes Basics evaluation tools and curricula are currently being updated.	Completed.				
Conduct quarterly classes w targeted provider partners to support county specific HEI priorities topics	0	12/17	12/17	On track.	Completed.				
	ı			End Met \square Partially Met \boxtimes	Not Met				
Overall Outcome and Analysis	The I mem progr	HED partnered with QI to proper ducation and CCS comes arms except for baby shower	comote the CCS in pletion. The 10% rs. Increasing me	ncentive to members and conduct one goal of encouraging educated member mber follow up call attempts will enco	ses, phone education and/or special weekend screening clinics targeting care gap membersstop clinic days with Camarena Health and Adventist Health Clinics resulting in enhanced ers to get their screening, med refill or postpartum visit were met for all active incentive ourage more members to complete these services.				
Barrier Analysis	Due to variations of offering community classes, the class member_participation goal of 40% is no longer accurate in measuring the success of these interventions. Instead, success is measured by what percentage of educated members received the screenings, medication refill or postpartum visit. The Health Education department could have								
Recommendations					minders using phone and text messaging and to host one stop weekend clinics which have rs to schedule and keep their appointment.				

3a. Initiative/ Project Title	Obesity	Prever	ntion: Members							
Initiative Aim(s)	☑ Provider Su	pport	Member Utilization		Collabo	rative	☐ Dept Efficiency	Oversight 🛛 🔾	Compliance	⊠ HEDIS ⊠ GNA
Reporting Leader(s)	Primary:		D. Carrillo				Secondary:		B. Jackson, T	C. Gonzalez
Aim of Initiative/Program			Increase member awareness and participation in obesity prevention programs to improve health outcomes.							
2017 Performance	Measures		2017 Goals		Outcome 2016		Outcome Mid-Year 2017		Outcome Year End 2017	
Increase FFFL Home Edition Program enrollment, survey return rate & satisfaction.					08 members, 11% survey return ate with 100% satisfaction from urveys		145 members, <1% survey return rate with 100% satisfaction from surveys. Direct incentive for returned surveys has not started yet.		375 members, 1.1% survey return rate with 100% very satisfied rating from surveys with quarterly raffle incentive. Separate direct incentive survey pilot resulted in a 21% return rate (45 of 213 pilot surveys) showing 89% very satisfied and 11% somewhat satisfied ratings.	
Improve FFFL Coaching Program enrollment and engagement.		and	60+ members with 70% of members completing at least call (closed cases) and 40% members completing all 5 ca (closed cases with at least 1 ca	ast 1 complet % cases) as calls complet		ng at lea d 47.7%	n 76% of members nst 1 call (closed 5 members calls (closed cases ll)	49 members with 67% at least 1 call (closed of 43.75% of participating completing all 5 calls) with at least 1 call).	cases), and g members	94 members with 77% completing at least 1 call (closed cases), and 49.1% of participating members completing all 5 calls (closed cases with at least 1 call).
Increase Healthy Habits for Healthy People (HHHP) program enrollment.			30+ members	- members N/A		None. Outreach scripts the end of June 2017.		s approved at	Postponed. Enrollment and material distribution scheduled for January 2018.	
Activities			Target Date Completion	Date Completed		Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)		Year End Progress (Completed/ Postponed/ Cancelled)		
Outreach to senior-based orga promote HHHP availability.	anizations to		5/17]	N/A	Postponed. Program promotion postponed to Q3.			Postponed. Targeted outreach and enrollment scheduled for January 2018.	
Develop Healthy Habits for F enrollment scripts (English & compliance approval.	Spanish) with		7/17	(6/17	Completed.		Completed.		
Promote FFFL and HHHP in			10/17	3	3/17	Completed.		Completed. HHHP could not be promoted in newsletter due to space limitation.		
Replace FFFL Coaching prog People Care programs (Raisin equivalent).	ng Well and an a	dult	12/17]	N/A	Postponed. Implementation of Envolve People Care programs postponed to 2018.		Postponed. Implementation of Envolve People Care programs postponed to 2018.		
Develop EPC referral data ca vendor (RICOH).	• •	th	12/17]	N/A		ned. Implementation or rograms postponed to			inplementation of Envolve People Care stponed to 2018.
Submit incentive evaluation r			12/17	(6/17	Compl			Completed.	
Conduct FFFL Home Edition (PM 160 Data) and survey for		3	Quarterly	1	2/14	availab	ck. First outreach postpoility issues.		Completed.	
			Year En				Met 🛛 Not Met			
Overall Outcome and Analy	ysis direction of the d	Compared to 2016, the Home Edition program had a 247% increase in 2017 because overweight or obese members with a BMI at the 85 th percentile or al directly enrolled into the program. To test efficacy of a \$20 direct incentive approach, a pilot survey for the program was distributed to 213 members, res 21% return rate. Continuance of the direct incentive is under review. The Coaching program noted similar successes with a 91.8% increase in enrollment compared to 2016. Of those initiating the program with at least 1 successful coaching call, 49% completed all five coaching calls.					buted to 213 members, resulting in a 8% increase in enrollment in 2017			
Barrier Analysis			ce limitation, the HHHP was n							
Recommendations	Con: HHI		irect incentive approach to imp	prove	survey retu	ırn rates	or remove survey alto	gether. Use direct, targe	ted approaches	to enroll members ages 65+ into the

3b. Initiative/ Project Title	Obesity Pre	vention: Communit	ty						
Initiative Aim(s)	☑ Provider Suppo	ort Member	Utilization	◯ Collaborative ◯ Dept Efficien	ncy Oversight Compliance	⊠ HEDIS ⊠ GNA			
Reporting Leader(s)	Primary:	D	. Carrillo	Secondary:	Secondary: B. Jackson, T. Gonzalez				
Aim of Initiative/Program			increase awareness and participation of CalViva Heatlh's obesity prevention programs in the community to impact membership retention and improve health outcomes.						
2017 Performance	Measures	2017 G	oals	Outcome 2016	Outcome Mid-Year 2017	Outcome Year End 2017			
Conduct FFFL Community participant knowledge and a satisfaction rates.	participants achieved correct answers per metric (post tests)	ants achieve 80% correct answers on 4 of 5 knowledge metrics (series classes) and on 3 of 4 metrics for workshops; 100%		31.5% member participation; 80%+ correct answers on all knowledge metrics (workshops); 100% satisfaction rate overall from workshops	31.5% member participation; 80%+ correct answers on all knowledge metrics and 100% satisfaction rate.				
Activities		Target Date Completion	Date Completed	Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)	Year End Progress (Completed/ Postponed/ Cancelled)				
Promotores Health Network pad to promote FFFL home and class.		12/17	N/A	On track.	Postponed due to HEDIS member incentive priorities.				
Work with health educators to improve member understanding of areas scoring below the 80% goal.					Completed.				
understanding of areas scori		Ongoing	7/17	Completed. Progress reports sent via email.	Completed.				
understanding of areas scori		Ongoing	7/17 Year End M	email.					
understanding of areas scori	ng below the 80% The HED co	onducted 5 FFFL wo	Year End Morkshops throug	email. et Partially Met Not Mo		rticipants expressed satisfaction			
understanding of areas scori	lysis The HED cowith the off	onducted 5 FFFL we tering, and willingne	Year End Morkshops through the original of the	email. et Partially Met Not Mother Not Mother the year, with 31.5% of participant e concepts into daily routines.	et 🗌				

4. Initiative/ Project Title	Perir	atal Initiative							
Initiative Aim(s)		Support Memb	oer Utilization	⊠ Collabora	ative Dept Efficiency D	Oversight 🛛	Compliance 🛛	HEDIS GNA	
Reporting Leader(s)	Primary:	: K. Schlater			Secondary:	Secondary: B. Jackson, T. Gonzalez			
Aim of I	nitiative/Prog	ram	Educate and assist pregnant women to have healthy pregnancies, newborns and access timely prenatal and postpartum visits.						
2017 Performance Measures			2017 Goals		Outcome 2016		e Mid-Year 2017	Outcome Year End 2017	
Promote Pregnancy Packet to members			1,400+ pregnanc	y packets	1,376 pregnancy packets	763 pregnancy CVH members	packets mailed to s.	Mailed 1,447 pregnancy packets to CalViva Health members.	
Coordinate baby showers in English and Spanish to expectant mothers in Fresno and Kings County			20+ baby showers with at least 50% CVH membership participation		Completed 24 baby showers in Fresno and Kings County with 196 attendees, 92 (47%) of the participants were members	Completed 17 baby showers in Fresno and Kings Counties with 125 attendees, of which, 84 (67.2%) were CVH members.		Completed 28 baby showers in Fresno and Kings Counties with 264 attendees, of which, 148 (56%) were CalViva Health members.	
	Activities		Target Date Completion	Date Completed	Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)		Year End Progress (Completed/ Postponed/ Cancelled)		
Coordinate with Provider R promote pregnancy education high volume of African Am	on resources to	providers serving a	12/17	12/17	On track.		Completed.	Completed.	
Coordinate with QI, Black I implement baby showers in		\ /	12/17	12/17	On track. Met quarterly with BIF showers.	I to plan baby	Completed.		
			Year End		rtially Met Not Met				
Overall Outcome and Analysis Successful collaboration with key community agencies including Fresno Economic Opportunities Commission - Women, Infants, and Children (WIC and Fresno County Department of Public Health - Black Infant Health (BIH) program to host baby showers. Both organizations provide services to chapter of the services of the servic									
Barrier Analysis		None.		<u> </u>					
Recommendations					education on the importance of pre- pers who attended the baby shower				

5. Initiative/ Project Title	Promotores Health N							
Initiative Aim(s)	☐ Provider Support	t 🛛 Member U	Itilization 🔀 Col	llaborative Dept Efficiency	Oversight 🛛	Compliance	⊠ HEDIS ⊠ GNA	
Reporting Leader(s)	Primary:	T. (Gonzalez	Secondary:		B. Jacks	on	
Aim of Initiative	/Program	To use trusted co	mmunity health advoc	eates to provide health education to a	members and provider	s in the commu	<u> </u>	
2017 Performance	e Measures	201	7 Goals	Outcome 2016	Outcome Mi 2017	d-Year	Outcome Year End 2017	
Conduct PHN diabetes charlasessions) to promote diabetes test, eye exam, kidney test an Families for Life and Asthmatics.	s screenings: A1C ad blood pressure, Fit	10% increase in	member participation	522 members reached (71% of all participants reached were members)	343 participants rea which, 223 (65%) v members.	were CVH	Reached 1,255 participants, of which 940 (75%) were CalViva Health members.	
Conduct PHN charlas on heat promote prenatal and postpar		45% member par	rticipation	No program in 2016	Prenatal and postpa community educati implemented in Q3	on will be	Reach 142 participants, of which 91 (63%) were CalViva Health members.	
Launch Madera PHN lunch a strategic providers and comm	nunity partners		ch and learn reaching ider partners to refer FFFL.	No program in 2016	Implementation of Learn scheduled for		Completed lunch and learn with 2 strategic provider partners and 5 community-based organizations.	
Develop CalViva Health branded PHN Prescription for Health pad to promote Fit Families for Life, HEDIS priority topics and engage members in preventive health screenings		Obtain approval from DHCS for the PHN Rx for Health Pad and promote PHN charlas to increase member participation in FFFL by 15%.		Pilot Program in 2016	Submit for approva	l in Q3.	Postponed to 2018.	
Activitie	es	Target Date Completion	Date Completed	Mid-Year Progr (Completed/ On track/ Postpo		(Compl	Year End Progress (Completed/ Postponed/ Cancelled)	
Develop PHN Action plan an	d Logic Model	2/17	2/17	Completed.		Completed.		
Develop and implement PHN promote Fit Families for Life topics, charla workshops and preventive health screenings	, HEDIS priority	6/17	5/17	Completed.		Postponed.	Postponed.	
Distribute prescription for he health education activities	• •	6/17	6/17	Completed.		Postponed.		
Coordinate promotores attend Promotores Conference		8/17	10/17	On track.		Completed.		
Evaluate and complete PHN	action plan	12/17	12/17	On track.		Completed.		
	1		Year End Met	Partially Met Not Met		<u> </u>		
Overall Outcome and Analysis	The PHN program obtained a 75% member participation in diabetes, blood pressure, nutrition/Fit Families for Life and asthma charlas, just shy of our goal of 78% member participation. The PHN promotoras promoted postpartum care using preventive screening charla resulting in 63% member reach. The PHN lunch and learn established key partnerships with Camarena Health, Madera Community Hospital, Madera County Department of Public Health, Women's Infants and Children (WIC) program, Madera Unified School District, Vision y Compromiso, and City of Madera Parks and Recreation Department. The HED trained 24 promotoras on updated PHN curriculum, PHN 2.0. The PHN 2.0 training focused on navigating managed care, understanding CalViva Health Medi-Cal benefits, preventive health screenings and creating linkages to local resources. The PHN program promotoras participated in the following leadership roles: the Vision y Compromiso Regional Committee (Chair-person), Madera Unified School District Wellness Committee, the Madera County Public Health Department's Prevention First Program Advisory Committee, and the CalViva Health Public Policy Committee.							
Barrier Analysis	The Rx for Health pa	ad was not created	due to competing prior	rities to focus on HEDIS improveme	ent programs. It was p	oostponed to 20	018.	
Recommendations	Implement the Rx fo Prevention First and impact of the Rx for	r Health pad to pro Diabetes Preventic Health implementa	omote member health e on Programs. Develop	ducation charlas and increase members strategic partnerships with Madera and measures. Continue community	per participation in Ma Community Hospital	ndera County D and Camarena	Department of Public Health - Health providers to evaluate the	

6a. Initiative/ Project Title Community Health Education: Community Awareness									
Initiative Aim(s) Provider Support	Member U								
Reporting Leader(s) Primary:	B. Jackso	n, T. Gonzalez	Secondary:						
Aim of Initiative/Program	Provide health education to members in the community.								
2017 Performance Measures	2017 (Goals	Outcome 2016	Outcome Mid-Year 2017		Outcome Year End 2017			
Increase member participation in health education (HE) classes	30% of class par members	rticipants are	Conducted 143 health education classes to 1,170 total participants, 632 (54%) identified as members	Conducted 43 health educ to 339 participants, of wh (66%) were CVH member	ich, 224	Conducted 101 health education classes to 687 participants, of which, 442 (64%) were CVH members.			
Increase member participation in health screening events	35% of health so participants are		11 KYN events with 411 participants, 267 (65%) identified as member	1 Know Your Numbers (KYN) event with 30 participants, of which, 20 (67%) were CVH members. 26 participants received health screenings, of which, 14 (54%) were CVH members.		Completed 3 KYN events in Madera County with 116 participants of which 73 (63%) were CalViva Health members.			
Collaborate with the Kings County Diabesity Coalition to improve diabetes and obesity education in the community	Support (1) community health education event		Not measured in 2016	Kings County Diabesity Symposium scheduled for October 4, 2017.		Collaborated with the Kings County Diabesity Coalition to sponsor and host the Kings County Diabesity Symposium on October 4, 2017.			
Collaborate with Fresno County Health Improvement Program (FCHIP) to increase access to culturally and linguistically appropriate diabetes services	Support (1) community health education event		Not measured in 2016	1 Know Your Numbers (KYN) event with 30 participants, of which, 20 (67%) were CVH members.		Completed 3 KYN events in Fresno County with 57 participants, of which, 28 (49%) were CVH members.			
Collaborate with the Central California Asthma Collaborative (CCAC) to improve asthma education in the community	Support (1) comeducation event	•	Not measured in 2016 Collaborated with CCAC Run event on June 10, 20			Collaborated with CCAC to sponsor and host the Bubble Fun Run event on June 10, 2017.			
Collaborate with American Lung Association (ALA) to improve asthma and lung health education in the community	Support (1) comeducation event		Not measured in 2016	Collaborated with ALA in Fresno County on May 19, 2017 and reached out to 50 participants.		Collaborated with ALA to sponsor and host the Better Breathers Symposium in Fresno County on May 19, 2017 and reached 50 participants.			
Activities	Target Date Completion	Date Completed	Mid-Year Pro (Completed/ On track/ Pos		(Compl	Year End Progress eted/ Postponed/ Cancelled)			
Participate in Binational Health Week event to promote member preventive screenings	10/17	10/17	On track.		Completed.				
Ensure health educators are trained on and understand clinical guidelines	Ongoing	12/17	On track.		Completed.	ompleted.			
Promote health education classes and service to community partners	Ongoing	12/17	On track.		Completed.				
Participate in monthly coalition/collaborative meetings	Ongoing	12/17	On track.	Completed.					

	Year End Met ☑ Partially Met □ Not Met □
Overall Outcome and Analysis	Successful implementation of Know Your Numbers forums in collaboration with key community partners: Fresno County Department of Public Health, Latino
Over all Outcome and Aliarysis	Health Access Workgroup and Madera Unified School District.
Domion Analysis	Member contact information on care gap lists included wrong phone numbers (25-30%) resulted in difficulty in reaching members to promote health education
Barrier Analysis	activities.
	Continue partnership with Fresno County Department of Public Health, Madera Unified School District, Madera County Department of Public Health and key
Recommendations	strategic provider partners to promote preventive screenings and HEDIS priority topics. Collaborate with provider partners to get more updated member contact
	information if available.

6b. Initiative/ Project Title C	ommunity Hea	nmunity Health Education: Providers/Health Care Professionals							
Initiative Aim(s) Provi	ider Support	☐ Member Utilizatio	⊠ HEDIS ⊠ GNA						
Reporting Leader(s) Primar			B. Jackson, T. Gonzalez Secondary: D. Carrillo,						
Aim of Initiative/Progra	m	Support providers in promoting CalViva Health's programs and services to high-risk members.							
2017 Performance Measu	ires	2017 Goals		Outcome 2016	Outcome Mid-Year 2017	Outcome Year End 2017			
Implement provider in-services to promote health education programs and services		3 High-Volume Provider in-services	Fresno: EOC V Centers, Fresno Public Health, O Clinica Sierra V Kings: Adventi		In-Services provided: Fresno: EOC WIC, United Health Centers, and Clinica Sierra Vista Kings: Adventist Health Madera: Camarena Health Center	Provided (5) In-Services: Fresno: EOC WIC, United Health Centers, and Clinica Sierra Vista Kings: Adventist Health Madera: Camarena Health Center			
Identify and provide training to staff a provider offices to encourage the impl the Staying Healthy Assessment (SHA	ementation of	3 High-Volume Provider training	3 Provider Offices: United Health Centers in Parlier, Kerman and Mendota.		Provider trainings offered at: United Health Centers' Kerman, Parlier, Mendota, and Corcoran locations.	Conducted (4) Provider trainings: Fresno: United Health Centers Kings: Adventist Health			
Conduct provider forums on HEDIS to Asthma, Diabetes, Nutrition)	ppics (i.e.	2 provider forums	Conducted one asthma provider forum in May 2016. Attended by 33 professionals, of which 18 (55%) were healthcare providers (MD, RT, RN)		On Track.	Fresno County National Diabetes Prevention Program Workshop and Central Valley Diabetes Symposium on August 31, 2017.			
Activities		Target Date Completion	Date Completed	Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)		Year End Progress (Completed/ Postponed/ Cancelled)			
Develop and distribute a Provider Upd providers to promote current weight m products		6/17	5/17	Completed.		Completed.			
Develop and distribute a Provider Updencourage providers to use SHA		9/17	4/17	Completed.		Completed.			
Provide continuing education to Provide chronic disease clinical guidelines		12/17	12/17	On track.		Completed.			
Promote provider resources at all provevents attended		12/17	12/17	On track.		Completed.			
all health education products, referral	ride Provider Relations Department overview of lealth education products, referral process, ling points and SHA to distribute to providers and outreach visits.		On track.		Completed.				
		Year E	nd Met 🛛	Partially Met 🔲 Not N	Met				
Overall Outcome and Analysis	The HED esta	blished key provider part	nerships to promo	ote HEDIS priority topics an	d provide in-service on using the Staying	Healthy Assessment tool.			
Barrier Analysis	Increased heal	th plan provider outreach	may have resulte	ed in provider abrasion.					
Recommendations	Continue inter	-departmental communic	ation to coordinate	te and prioritize provider ou	treach efforts.				

7. Initiative/ Project Title	Member Newsle	etter							
Initiative Aim(s)	Provider Support	Member Ut	ilization	Collaborative	Dept Efficiency Oversight	: ⊠ Compliance ⊠ HEDIS ⊠ GNA			
Reporting Leader(s)	Primary:	K. S	chlater	Sec	Secondary: B. Jackson, T. Gonzalez				
Aim of Initiative	/Program	Educate member	Educate members about different health topics and available programs and services.						
2017 Performance Measures		2017 Goals		Outcome 2016	Outcome Mid-Year 2017	Outcome Year End 2017			
Complete CalViva Health me	4 newsletters		4 newsletters	2 newsletters distributed to CVH members: Spring 2017: 160,175 household Summer 2017: 161,116 household Summer 2017: 161,11	Spring 2017: 160, 175 households Summer 2017: 161,116 households				
Activities		Target Date Completion	Date Completed		l-Year Progress track/ Postponed/ Cancelled)	Year End Progress (Completed/ Postponed/ Cancelled)			
Add revised non-discrimination	on notice to newsletter	6/17	6/17	Completed.		Completed.			
Conduct interdepartmental me newsletter topics	eeting to decide 2018	9/17	9/17	On track.		Completed.			
Update desktop procedure as	needed	12/17	12/17	On track.		Completed.			
Submit 4 newsletters to C&L	database	Quarterly	12/17	On track.		Completed.			
Develop and implement mem according to the production so		Quarterly	12/17	On track.		Completed.			
		Y	ear End Met	Partially Met	Not Met				
Overall Outcome and Analy	A total of four rall four newslet		uarter) were re	viewed, approved and d	listributed to CalViva Health meml	bers. New non-discrimination messaging was added to			
Barrier Analysis	Limited space is	n the newsletter.							
Recommendations	Research online	e options for sharin	g newsletter art	ticles.					

8. Initiative/ Project Title	Public Policy Com	mittee (PPC)						
Initiative Aim(s)	☐ Provider Support	Member Utilizat	tion Collabor	ative Dept Efficien	ncy 🗌 Oversight	Complian	nce HEDIS GNA	
Reporting Leader(s)	Primary:	B. Jackson, T.	B. Jackson, T. Gonzalez Secondary: H. Su					
Aim of Initiat	ive/Program	Share Health Education Department updates and get input from Public Policy Committee members.						
2017 Performance Measures		2017	7 Goals	Outcome 2016	Outcome M 201		Outcome Year End 2017	
Present Health Education up	dates at PPC meetings	4 PPC meetings		4 PPC meetings	2 PPC meetings		4 PPC meetings	
Activities		Target Date Completion	Date Completed	Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)		Year End Progress (Completed/ Postponed/ Cancelled)		
Coordinate with CalViva Health and Cultural & Linguistic Services staff to implement PPC meetings		Quarterly	12/17	On track. Completed.		Completed.		
Invite key stakeholders to each PPC meeting		Quarterly	12/17	On track.		Completed.		
Year End Met ☑ Partially Met □ Not Met □								
Overall Outcome and Ana	ysis Presented 2 semi-an	Presented 2 semi-annual member incentive reports and a mid-year and year end HED work plans and received feedback from PPC members.						
Barrier Analysis	Low community par	Low community partner and provider participation in PPC.						
Recommendations	Identify and invite k	Identify and invite key community and provider partners to participate in PPC meetings.						

9. Initiative/ Project Title Tobacco Cessation Program									
Initiative Aim(s)	rovider Support 🛛	Member Utiliza	ation 🛛 🕻	Collaborative 🔲 Dept Efficie	ency Oversight	⊠ Compliance	☐ HEDIS ☐ GNA		
Reporting Leader(s) Prin	mary: B. Nate Secondary: B. Jackson, T. Gonzalez						C. Gonzalez		
Aim of Initiative/I	Program	Improve members' health outcomes and reduce health care costs by decreasing the rate of tobacco users among members.							
2017 Performance Measures		2017 Goals		Outcome Outcome N 2016 201		d-Year	Outcome Year End 2017		
Increase CA Smokers Helpline (CSH) participation rate		300+ members	3	323 CVH members 191 CVH mem			318 CVH members.		
Activities		Target Date Completion	Date Completed	Mid-Year Progress (Completed/ On track/ Postponed/ Cancelled)		Year End Progress (Completed/ Postponed/ Cancelled)			
Request promotional materials fro Helpline (CSH)		2/17	2/17	Completed.		Completed.			
Finalize a process to evaluate men smoking cessation services	nber participation in	3/17	3/17	Completed.		Completed.			
Identify smokers from ICD-10 , CPT and pharmacy data		3/17 9/17	3/17	On track.		Completed.			
Conduct mailings to promote CSH to smokers		3/17 9/17	3/17	On track.		Completed.			
Develop provider on-line news article and promote provider web referral		6/17	4/17	Completed.		Completed.			
Promote CSH in two Medi-Cal newsletters		Bi-annually	5/17	On track.		Completed.			
Evaluate CSH program enrollment		Quarterly		On track.		Completed.			
			r End Met 🛭		Met				
Overall Outcome and Analysis	A total of 318 CalViva Health members enrolled in the CSH in 2017 (1.5% decrease from 2016). The HED promoted the CSH in the member newsletter, mailings to smokers identified from ICD-10 member lists and CPT codes, and educated providers to use the CSH web referral. More members enrolled in the CSH after each promotional mailing. Additionally, the HED successfully worked with CSH to create a specific CalViva Health provider e-referral portal. Providers increased enrollment using the e-referral from 0 on 2016 to 3 in 2017. This enrollment method would allow CSH to provide member specific utilization data back to the referring providers. Lastly, the HED finalized policies and procedures and desktop procedures to meet the requirements in the MMCD APL on tobacco cessation in 2017.								
Barrier Analysis	compared to 2016. CS	More members need to be referred by their physicians. CSH reduced statewide promotion of the Helpline which may have contributed to the lower enrollment in 2017 compared to 2016. CSH is not able to provide member specific participation data to any health plan to track member progress through the quitting process.							
Recommendations	Conduct more training progress and quit rate.	to encourage pro	oviders to use the	he CHS e-referral portal. Explor	re the feasibility of contra	acting with CSH to	o collect member specific quit		

10. Initiative/ Project Title	e Cor	mnliance	e, Oversight and Rep	orting						
Initiative Aim(s)	☐ Provide				☐ Collaborative	☐ Dept Efficiency	$\boxtimes 0$	versight	Compliance [HEDIS GNA
Reporting Leader(s)	Primary:			Γ. Gonzalez, H		Secondary:		versigne v	G. Toland	
Aim of Initiative/Program Meet DHCS and CalViva Health compliance.										
711111 01 111101401 (0)						Outcome		Outcome Mid-Year		Outcome Year End
2017 Performance	Measures		2017 Goals		2016		2017		2017	
Complete and submit Health	h Education		Complete and submit Program		Completed and submitted Program		Submitted Health Education		Submitted Health Education	
Department's Program Desc		rk	Description, Work Plan, and		Description, Work Plan, and Work Plan		Program Description and		Program Description and	
Plan, and Work Plan evalua			Work Plan evaluation reports		evaluation reports		Work Plan.		Work Plan.	
Update Health Education D	epartment's		Update Policies and	Procedures	No changes were needed in 2016. Policies		Will submit updated policies		Updated Policies and	
Policies and Procedures					and Procedures were still current in 2016		and procedures in Q4.		Procedures.	
Complete all incentive prog	gram reports t	to	Complete semi-annu		Submitted quarterly reports and annual		Submitted semi-annual		Completed semi-annual	
CalViva Health and DHCS			Health progress repo		evaluation reports			incentive progress report and		incentive progress reports and
			annual DHCS evalua	ation reports				1 annual DHCS evaluation		annual incentive program
							report.		evaluation reports to DHCS.	
Develop and distribute a Pro		te on	1 Provider Update		Provider Relations, Facility Site Review and		Produced 1 provider communication on SHA.		Produced 1 provider	
Staying Healthy Assessment (SHA)					Health Ed departments continues to promote SHA communicat			uon on SHA.	communication on SHA.	
					SHA					
Activities		Target Date Date		Mid-Year Progress				Year End Progress		
110011100			Completion	Completed	(Completed/ On track/ Postponed/ Cancelled)			(Complete	(Completed/ Postponed/ Cancelled)	
Resolve material Corrective Action Plan to		ı to	6/17	3/17	Completed				Completed	
update 1 educational piece									Completed.	
Complete mid-year and year			4/17	4/17	On track.				Completed.	
education work plan evaluat			10/17					Completed.		
Produce and distribute Provider Update on		on	9/17	4/17	Completed.		Completed.	Completed.		
SHA			10/10	10/15					Compressed.	
Review Group Needs Asses			12/17	12/17	On track.					
develop needed interventions in the annual								Completed.		
work plan Update Health Education Department's		12/17	12/17	On track.						
Policies and Procedures and Program		12/17	12/17	On track.				Completed.		
Description								Completed.		
Complete quarterly incentive program reports		Quarterly,	Quarterly	On track.				†		
and annual evaluations		Annually	2 uniterily					Completed.		
			,	Year End Me	t 🛛 Partially M	1 et □ Not Met □				
Overall Outcome and Ana	alysis	All req	uired documents were	submitted to C	alViva Health and D	OHCS.				
Barrier Analysis		None.								
Recommendations		Continu	ue to update reports as	needed and sul	bmit to CalViva Hea	olth and DHCS.				

11. Initiative/ Project Title	roject Title Health Education Department Materials Update, Development and Inventory								
Initiative Aim(s)	ovider Support 🛮 Member Utilization 🔲 Collaborative 🔲 Dept Efficiency 🔲 Oversight 🖾 Compliance 🖾 HEDIS 🔲 GNA								
Reporting Leader(s) Prim	ary:	G. To	land	Secondary	Secondary: M. Lin				
Aim of Initiative/P	Produce and	Produce and update health education resources to meet member and provider needs.							
2017 Performance Measures		2017 Goals		Outcome 2016	Outcome Mid- 2017	Year	Outcome Year End 2017		
Required health education materials	s topics and languages	All materials reviewed		All materials were	Updated 30 materials.		All materials up for a review were		
available to providers, members and	d associates	timely		reviewed timely			updated.		
Activities		Target Date Completi on	Date Completed	Mid-Year (Completed/ On track/	•	Year End Progress (Completed/ Postponed/ Cancelled)			
Resolve material Corrective Action Plan to update 1 educational piece		6/17	3/17	Completed.		Completed.			
Review and submit health education materials plan and budget for 2017		12/17	12/17	On track.		Completed.			
Work with Cultural & Linguistics and Marketing departments to update and produce materials		On-going	On-going	On track.		Completed.			
Monitor accuracy of BOM and mate	erials fulfillment	On-going	On-going	On track.		Completed.			
Resolve issues with CDS and Mark		On-going	On-going	On track.		Completed.			
Track and plan preprinted materials inventory and ordering		On-going	On-going	On track.		Completed.			
Year End Met ☐ Partially Met ☐ Not Met ☐									
Overall Outcome and Analysis	All materials up for a re	eview were up	odated.						
Barrier Analysis	Follow up with Marketing for status of pending materials.								
Recommendations	Continue participating at the bi-weekly Health Education and Marketing meetings to ensure priority materials are developed in a timely manner.								

Item #12 Attachment 12.C

Health Education 2018 Program Description (redline)



CalViva Health 20172018 Health Education Program Description

Fresno-Kings-Madera Regional Health Authority Commission Approval

The Fresno-Kings-Madera Regional Health Authority has reviewed and approved this Program Description.

David Hodge, MD	Date	
Regional Health Authority Chairperson		
Patrick Marabella, MD, Chief Medical Officer	Date	

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OVERVIEW

CalViva Health is a Local Health Initiative managed care plan licensed by the Department of Managed Health Care (DMHC) and under contract with the California Department of Health Care Services (DHCS) to provide health care services to Medi-Cal (MC) members. CalViva Health has MC operations in three California counties, spanning rural and urban settings with diverse and distinct challenges. The three MC counties include Fresno, Kings and Madera.

CalViva Health has an Administrative Services Agreement with Health Net Community Solutions (HNCS or Health Net) to provide certain administrative services on CalViva Health's behalf. CalViva Health also has a Capitated Provider Services Agreement with Health Net Community Solutions for the provision of health care services to CalViva Health members through Health Net's network of contracted providers. Health Net Community Solutions provides health education programs, services, and resources on CalViva Health's behalf through these contractual arrangements. CalViva Health may also contract with other entities or health plans to provide health education programs, services, and resources for members enrolled with CalViva Health.

These services are based on community health, cultural, and linguistic needs in order to encourage members to practice positive health and lifestyle behaviors, to use appropriate preventive care and primary health care services, and to follow self-care regimens and treatment therapies. Health education services include individual, group and community-level education, and support by trained health educators. Provision of health education materials includes culturally and linguistically appropriate brochures, fact sheets, flyers, and newsletters. Under the oversight of CalViva Health, the Health Net Health Education Department (HED), in coordination with the Health Net Cultural and Linguistic Services Department, conduct a community needs assessment for CalViva Health contracted counties. Assessment results are used to develop health education priorities and the annual work plan.

POLICY STATEMENT AND PURPOSE

<u>Policy Statement</u>: CalViva Health is committed to providing appropriate and effective health education, health promotion and patient education programs, services and materials to its members based on community health, cultural, and linguistic needs. These programs and resources seek to encourage members to practice positive health and lifestyle behaviors, use appropriate preventive care and primary health care services, and learn to follow self-care regimens and treatment therapies. CalViva Health ensures the delivery of organized health education programs using education strategies, methods and materials that are appropriate for the member population and effective in achieving behavioral change for improved health. CalViva Health conducts appropriate levels of evaluation, e.g. formative, process and outcome evaluation, to ensure effectiveness in achieving health education program goals and objectives.

HED's Goals:

- To provide free, accessible, culturally and linguistically appropriate health education and health equity programs, services and resources to:
 - Aid members and the community to achieve good health and overall wellbeing.
 - Positively impact CalViva Health's health care quality performance rates.
 - Positively impact member satisfaction and retention.
- 2. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.

Purpose:

- To provide accessible, no cost health education programs, services and resources based on the community health, cultural and linguistic needs of CalViva Health's members and contractually required program scope.
- To monitor the quality and accessibility of health promotion and education offered by CalViva Health Primary Care Physicians (PCPs) to CalViva Health members.
- To encourage PCPs to perform an individual health education behavioral assessment (IHEBA)/Staying
 Healthy Assessment (SHA); assist providers in prioritizing individual health education needs of
 their assigned patients related to lifestyle, behavior, environment, and cultural and linguistic
 background; and assist providers in initiating and documenting focused health education
 interventions, referrals and follow-up.

Confidentiality

CalViva Health's health education programs and services, administered through the HED, maintain the confidentiality of all documents and any acquired member identifiable information in accordance with company, state, and federal regulations.

PROCEDURES

CalViva Health establishes programs and services to meet the regulatory requirements of Department of Health Care Services (DHCS) and offers no-cost information materials, programs, and other services on a variety of topics to promote healthy lifestyles and health improvement to members. These programs and services include:

Health Education Programs, Services and Resources (Interventions)

CalViva Health arranges organized health education interventions using educational strategies, methods and materials that are appropriate for the member population and effective in achieving behavioral change for improved health. The HED directly offers no cost health education interventions to CalViva Health members in each contracted county. When a contracted provider with expertise in delivering health education interventions offers the same type of service, the member is referred to the provider that is delegated to serve that member. Members are referred to the appropriate health education program (within CalViva Health, local hospital or a community based organization) based on type of request, geographical, cultural, and language circumstances.

CalViva Health ensures provision of the following program interventions for members by addressing the following health categories and topics:

- Effective Use of Managed Health Care Services: Educational interventions designed to assist members to effectively use the managed health care system, preventive and primary health and dental care services, obstetrical care, health education services, and appropriate use of complementary and alternative care.
- Risk Reduction and Healthy Lifestyles: Educational interventions designed to assist members to
 modify personal health behaviors, achieve and maintain healthy lifestyles, and promote positive health
 outcomes, including programs for tobacco use and cessation; alcohol and drug use; injury prevention;
 prevention of sexually transmitted diseases (STD), HIV and unintended pregnancy; nutrition, weight
 control, and physical activity; and parenting.
- Self-Care and Management of Health Conditions: Educational interventions designed to assist members to learn and follow self-care regimens and treatment therapies for existing medical conditions, chronic diseases or health conditions, including programs for pregnancy, asthma, diabetes, and hypertension.

Members and PCPs may request educational materials on health topics such as, but not limited to, nutrition, tobacco prevention & cessation, HIV/STI prevention, family planning, exercise, dental, perinatal, diabetes, asthma, hypertension, age-specific anticipatory guidance, injury prevention and immunization. Some of these topics are also offered at community classes.

Point of Service Education: CalViva Health monitors that (1) members receive health education services during preventive and primary health care visits, (2) health risk behaviors, health practices and health education needs related to health conditions are identified, and (3) educational intervention, including counseling and referral for health education services, is conducted and documented in the member's medical record. CalViva Health ensures that providers use the DHCS developed and approved Individual Health Behavioral Assessment tool, Staying Healthy Assessment, or other approved assessment tool for identifying Medi-Cal medical members' health education needs and conducting educational interventions. CalViva Health provides health education resources, programs and community classes to assist contracted providers to provide effective health services for members.

The following programs and resources are available at no cost to CalViva Health's members through self-referral or a referral from their primary care physician. Members and providers may obtain more information about these programs and services by contacting the HED's toll-free Health Education Information Line at (800) 804-6074.

- Weight Management Programs Members have access to a comprehensive Fit Families for Life-Be In Charge!sm suite of programs. The Fit Families for Life-Home Edition is a 5-week homebased program to help families learn and set weekly nutrition and physical activity goals to achieve a healthy weight. Other nutrition and weight control education materials are also available upon request. Members may speak with a nurse specialized in nutrition or a dietitian about their nutrition related concerns through the Fit Families for Life-Breastfeeding and Nutrition Support Line. Members 6-20 years old with a 95th BMI percentile or higher are eligible to participate in the Fit Families for Life-Coaching Program. These members work with a nurse specialized in nutrition or a dietitian to establish a personal weight control plan and have unlimited access to the coach for on-going support. These members will also have access to incentives to enhance their learning and engagement. Fit Families for Life-Community Classes, teaching basic nutrition and physical activity information, are offered at community centers and community based organizations located in areas where CalViva Health members reside. The Fit Families for Life-Community Classes are free to all CalViva Health members and the community. CalViva Health will launch a newmembers also have access to Healthy Habits for Healthy People weight management educational resource specifically for adults and seniors in the future.
- <u>Disease Management Program</u> Members with asthma, diabetes, and chronic heart failure are enrolled into *Be In Charge!* Disease Management programs to help them control their condition. These programs are administered through a vendor Axispoint Health. Members receive educational resources and have unlimited 24 hour access to a nurse to address their medical concerns. High-risk members also receive nurse initiated outbound calls to help members manage their conditions.
- Healthy Pregnancy program Pregnant members receive educational resources including telephonic case management for high risk pregnancies to help them achieve a successful pregnancy and healthy baby.
- Pregnancy Matters® Pregnant members receive educational resources and telephonic support through the Breastfeeding and Nutrition Support Line to help them achieve a successful pregnancy and healthy baby. Educational resources include materials on monitoring the baby's movement and handbooks on planning a healthy pregnancy, caring for your baby, and teen parenting.
- California Smokers' Helpline.--The California Smokers' Helpline (1-800-NO-BUTTS) is a free statewide quit smoking service operated by the University of California San Diego Moore's Cancer Center. The Helpline offers self-help resources, referrals to local programs, and one-onone telephone counseling to quit smoking. Helpline services are available in six languages (English, Spanish, Cantonese, Mandarin, Korean, and Vietnamese), and specialized services are available to teens, pregnant women, and tobacco chewers. CalViva Health ensures that providers complete the Individual Comprehensive Health Assessment, including the Individual Health Education Behavioral Assessment/Staying Healthy Assessment, to identify members (including pregnant women) who are smokers. Providers will provide interventions such as education or face-to-face counseling to help identified smokers (including pregnant women) quit and to prevent initiation of tobacco use in school-aged children and adolescents. Members are offered a 90 day regimen of all FDA approved tobacco cessation medications with at least one medication available without prior authorization. CalViva Health will cover a minimum of two separate quit attempts per year with no mandatory break between quit attempts. CalViva Health also offers no cost individual, group and telephone counseling without prior authorization for members of any age regardless if they opt to use tobacco cessation medications.

- Breastfeeding and Nutrition Support Line Members have access to nutrition advice from a
 dietitian or breastfeeding advice from a lactation specialist. Counseling and related educational
 materials are provided in a variety of threshold languages. The Breastfeeding and Nutrition
 Support Line is provided as an educational service to members and does not replace a
 comprehensive nutrition assessment by a dietitian or physician. Extended services, such as
 nutrition assessments for chronic diseases, are available through provider referrals.
- <u>Nurse Advice Line</u> Members may speak to a nurse 24 hours a day, 7 days a week in the
 member's preferred language about any health related concerns. <u>Pre-recorded information about
 a variety of diseases and health issues is also available via the Nurse Advice Line as part of the
 Audio Health Library.
 </u>
- Healthy Hearts, Healthy Lives Members have access to a heart health prevention toolkit (educational booklet, tracking journal and fitness DVD) and access to community classes to learn how to maintain a healthy heart.
- Digital Health Education Teens from 13 years old and adults may participate in electronic health education campaigns and programs available through T2X's website, text messaging and mobile app. T2X engages members in discussing health topics that are important to them. T2X interventions guide participants in learning how to access credible health education information and seek preventive health care services. totostoCalViva Health also offers myStrength, a personalized website and mobile application, to help members deal with deal with depression, anxiety, stress, substance use, and pain management.
- Teens from 13 years old and adults may participate in electronic health education campaigns and programs available through T2X's website, text messaging and mobile app. T2X engages members in discussing health topics that are important to them. T2X interventions guide members in learning how to access credible health education information and seek preventive health care services. HED will explore the possibility of implementing a Lifeline Program in 2017. The federal Lifeline Program offers low income households access to a free cell phone with unlimited text, voice minutes and a data plan. This program will allow members to participate in health promotion text messaging programs and to stay in contact with CalViva Health.
- <u>Health Promotion Incentive Programs- The HED partners with Quality Improvement Department to develop, implement and evaluate incentive programs to encourage members to receive health education and to access HEDIS related preventive health care services.</u>
- Know Your Numbers Community Class and Screening Events -- The HED conducts health screening on BMI, diabetes, hypertension and/or cholesterol to help participants understand their current health status. At the same event, participants are provided the appropriate preventive health education to help them adopt healthy behaviors and connect them to health care providers to control their health conditions.
- Community and Telephonic Health Education Classes Free classes are offered to members and the community. Classes are available in various languages. Topics vary by county and are determined by the community's needs.
- <u>Community Health Fairs</u> HED participates in health fairs and community events to promote health awareness and promotion to members and the community. CalViva Health representatives provide screenings, presentations, and health education materials at these events.

The following educational resources are available to members:

- <u>Health Education Member Request Form</u> Members complete <u>this</u> <u>a</u> pre-stamped form to request free health education materials available through the department. The form also contains the toll-free Health Education Information Line.
- <u>Health Education Programs and Services Flyer</u>— This flyer contains information on all health education programs and services offered to members and information on how to access services.

- <u>Preventive Screening Guidelines</u> -- The guidelines are provided to inform members of health screening and immunization schedules for all ages. These are available in English, Spanish and Hmong.
- <u>Member Newsletter</u> Newsletter is mailed to members on a quarterly basis and covers various health topics and the most up-to-date information on health education programs and services.

CalViva Health follows MMCD Policy Letter 16-005 to develop, implement and evaluate appropriate incentive programs to promote positive health behaviors among members.

Group Needs Assessment

CalViva Health conducts a Group Needs Assessments (GNA) for contracted counties and develops a health education work plan based on the assessment results. The purpose of the GNA is to determine the health education, cultural, language, and health care access needs of CalViva Health Medi-Cal members. A full GNA report is submitted to DHCS every five (5) years and a work plan reflecting updated GNA findings is submitted each of the other four (4) years.

CalViva Health ensures that the findings of the GNA, as well as other relevant information, are used to establish health education, cultural & linguistics and quality improvement program priorities and appropriate levels of intervention for specific health issues and target populations. GNA findings are used to prioritize the annual work plan objectives and intervention activities and to guide on-going project developments to address the unmet needs of our members.

The health education system shall be reviewed at least once a year to ensure appropriate allocation of health education resources based upon needs assessment findings, program evaluation results, and other plan data. Health education programs, services and resources are developed, augmented, prioritized and allocated according to several critical sources that identify areas of need. The health education work plan is developed on an annual basis based on the following listed data sources:

- Needs and recommendations identified in the GNA findings, or other assessment findings, which
 are reviewed on an on-going basis
- Available provider and member surveys that identify the needs for new and satisfaction with current health education and cultural and linguistic services
- Annual evaluation of all health education services that include process and outcome evaluation and direct health education service requests from members and providers
- Data from current CalViva Health HEDIS® health outcomes reports
- Specific community requests determined through the CalViva Health Public Policy Committee meetings
- Discussion and coordination of community needs at various community-based workgroups and coalitions
- Needs identified by other departments

The results of the assessment are presented at appropriate internal forum (e.g., QI/UM Workgroup) and external forum (e.g., QI/UM Committee, Public Policy Committee).

Educational Materials

Health education materials are provided to members and contracted providers for dissemination to their Medi-Cal members. CalViva Health produces health education materials for its members with a 6th grade or lower reading level and takes diverse cultural backgrounds into consideration in their development and translation. Materials are also available on alternative formats upon member request. The Cultural and Linguistic Services Department reviews these materials for accuracy of translation, cultural content, and reading level. Moreover, CalViva Health evaluates member materials with the assistance of experts, Public Policy Committee, focus groups, and/or individual and group interviews. Health education materials are also offered and disseminated through community health education classes, health fairs and other events that are significantly relevant to the CalViva Health priority areas.

Promotion of Health Education Programs, Services and Resources

A. Members

CalViva Health promotes members to appropriately use health care services including health education interventions. CalViva Health also monitors that these interventions are available and accessible upon member self-referral or referral by contracting providers. Members are provided information in the following ways:

- Via the toll-free Health Education Information Line, Nurse Advice Line, Breastfeeding & Nutrition Support Line, and Member Services Information Line
- On CalViva Health's website and
- <u>Via the social media website http://t2x.me_digital communications including T2X and myStrength</u> website and mobile app, and text messaging interventions
- Information contained in the member newsletters and other member mailings
- Inclusion in the enrollment packets with Health Education Member Request Form
- · At health fairs and other community events
- Via the CalViva Health contracted providers' offices
- In association with Community Based Organizations
- During health education presentations and classes
- Inclusion in the Evidence of Coverage (EOC)
- Through other internal departments (e.g., Quality Improvement, Provider Relations, Public Health Coordination Programs, and Cultural & Linguistics)

B. Providers

CalViva Health offers education, training, and program resources to assist contracting practitioners in the delivery of effective health education services for members. Provider educational and training opportunities can include CME training information, in-services on health education programs and services, and web-based health education. Information about CalViva Health's health education programs and resources are disseminated to contracting providers through the following ways:

- CalViva Health's Provider Toolkit and web-based Provider Operations Manual contain requirements for health education and available health plan's services. The Toolkit and Manual are updated as needed. The Health Education materials order form is included as an attachment and offers materials in multiple languages and on multiple health topics at no cost to the providers or members
- Provider on-line newsletters, Provider Updates, flyers and other provider mailings
- CalViva Health's provider trainings
- On-site visits are conducted by the Facility Site Compliance Department, Provider Relations
 Department and HED to inform providers and their staff about CalViva Health's services,
 including health education programs, Staying Healthy Assessment, and resources
- CalViva Health's toll-free Health Education Information Line
- Health education in-services including the Child and Adolescent Overweight Provider Toolkit and Fit Providers for Life weight management wellness program for providers and their staff

C. CalViva Health and Health Net Staff

The HED provides regular communications with Plan staff to keep them abreast of health education interventions and to foster collaborative efforts to improve health outcomes for members. The HED reaches out to the following departments: Public Programs, Quality Improvement, Health Care Services, Cultural & Linquistic Services, Provider Relations, Member Services and Enrollment Services.

Health education programs, resources and services are promoted to staff through the following ways:

- Health Education Department intranet site
- Health Education Department email updates
- State Operational Meetings
- Presentation at individual department's staff meetings
- Member newsletter
- Interdepartmental workgroup meetings

D. Community Collaborations

The HED interacts with community-based organizations (CBOs), providers and other stakeholders in statewide and county specific collaborations to support health initiatives to promote positive community member health and lifestyle behaviors. The HED also participates to promote CalViva Health's health education interventions. The HED's Health Promotion ConsultantsSr. Health Education Specialists are involved in coalitions that address major health issues identified in the GNAs and/or reflective of CalViva Health's priorities. Creating and maintaining community connection allows for input and guidance on member services and programs and assures that the HED work reflects the needs of CalViva Health members. The role of the HED within the CBO or community collaborative is primarily consultative in nature. In some instances, HED takes on a more leadership role where appropriate. CalViva Health may also provide sponsorships to CBOs and collaboratives to implement interventions that meet the company's priorities.

CalViva Health's Health Education Standards and Guidelines

The HED's standards and guidelines must support the findings of professional experts or peers, best practices, and/or published research. CalViva Health monitors the performance of providers that are contracted to deliver health education programs and services to members, and implement strategies to improve provider performance and effectiveness.

Educational materials for Medi-Cal members must be culturally appropriate and written at a sixth-grade (or lower) reading level and in an easy-to-read format. All health education materials are reviewed and approved by the Health Education Department, Cultural & Linguistic Services Department, Medical Directors, CalViva Health staff and contracting regulators as appropriate. CalViva Health pre-translated a core set of educational materials into Spanish and Hmong. Health Education materials are also available in alternative formats upon member request. Educational materials and services must be available on a variety of topics to members and providers at no cost.

CalViva Health's educational interventions and programs are developed based on specific professional behavioral models, such as the PRECEDE/PROCEED model, the Health Belief Model, and the Transtheoretical/Stage of Change model. These models are valuable in health education and promotion planning since they provide a format for identifying factors related to health problems, behaviors, and program implementation. The following are the most common health education methods used:

- <u>Structured health education classes and other events</u>: Health education classes, presentations, health fairs, screenings or other event participation on topics such as diabetes, asthma, pregnancy, nutrition, exercise, cervical cancer, dental, hypertension, etc.
- <u>Telephonic/Face-to-Face interventions</u>: Examples include our Fit Families for Life-Be In Charge!sm Coaching Program and Breastfeeding and Nutrition Support Line, and California Smokers' Helpline smoking cessation program.

 <u>Mass media</u>: Direct member mailing and digital education interventions on various health education topics, such as Preventive Screening Guidelines, diabetes, asthma, pregnancy, smoking cessation, and weight control.

Another health education standard includes the evaluation of all health education programs to ensure effectiveness in achieving health education goals and objectives. The different types of evaluation methods used are: qualitative, quantitative, formative, process, and outcome.

Individual Health Education Behavioral Assessment (IHEBA)/ Staying Healthy Assessment (SHA)

The California Department of Health Care Services (DHCS) requires primary care physicians to administer an Individual Health Education Behavioral Assessment (IHEBA) to Medi-Cal members. The DHCS developed and approved IHEBA is the Staying Healthy Assessment (SHA). CalViva Health encourages all new members to complete the IHEBA within 120 calendar days of enrollment as part of the initial health assessment (IHA); and that all existing members complete the IHEBA at their next non-acute care visit. CalViva Health encourages: 1) that primary care providers use SHA, or alternative approved tools that comply with DHCS approval criteria for the IHEBA; and 2) that the IHEBA tool is: a) administered and reviewed by the primary care provider during an office visit, b) reviewed at least annually by the primary care provider with members who present for a scheduled visit, and c) readministered by the primary care provider at the appropriate age-intervals.

Contracted providers or provider groups must notify Health Net, on behalf of CalViva Health, two months in advance of using electronic copy of SHA, Bright Futures, and alternative IHEBA tools. Alternative IHEBA tools will need DHCS approval prior to use. Members may decline to participate in an offered assessment. CalViva Health conducts various activities to improve IHEBA implementation, including onsite in-services at provider offices, targeting office staff to complete the non-clinical IHEBA items with the member, and educating members about IHEBA/IHA through direct mailing.

The assessment consists of standardized questions developed by Medi-Cal managed care health plans in collaboration with DHCS to assist PCPs in: 1) identifying high-risk behaviors, including smokings tobacco use and alcohol consumption, of individual members; 2) assigning priority to individual health education needs of their patients related to lifestyle, behavior, disability, environment, culture, and language; 3) initiating and documenting health education interventions, referrals, and follow-up care with members; and 4) identifying members whose health needs require coordination with appropriate community resources and other agencies for services not covered under the current contract.

The SHA consists of nine questionnaires specific to age ranges in which health risk factors may change significantly. They are available in Arabic, Armenian, Chinese, English, Farsi, Hmong, Khmer, Korean, Russian, Spanish, Tagalog, and Vietnamese. Providers are informed via a Provider Update and provider in-services on the SHA requirements, how to complete and document the questionnaires, how to provide appropriate health education and referrals, and where to access the questionnaires. CalViva Health makes these forms available to contracting providers via the toll-free Health Education Information Line, on the provider website, and on the provider materials order fax form.

Public Policy Committee (PPC)

CalViva Health maintains a Public Policy Committee, as one way for members to participate in establishing the public policy of the plan. "Public policy" means acts performed by the Plan or its employees and staff to assure the comfort, dignity, and convenience of members who rely on the Plan's facilities to provide health care services to them, their families, and the public.

The Public Policy Committee meets four times a year. Committee responsibilities include obtaining feedback and guidance in the delivery of culturally and linguistically appropriate health care services, and

establishing and maintaining community linkages. The Committee includes CalViva Health members, member advocates (supporters), a Commissioner of CalViva Health's governing board, the Fresno-Kings-Madera Regional Health Authority (RHA) Commission, and health care providers.

STAFF RESOURCES AND ACCOUNTABILITY

CalViva Health Committees

A. Governing Body/RHA (Regional Health Authority) Commission

The RHA Commission is the governing body with ultimate authority and responsibility for the oversight of CalViva Health.

B. QI/UM Committee

The QI/UM Committee monitors the quality and safety of care and services rendered to CalViva Health members. This Committee identifies opportunities for improvement, recommends policy decisions, evaluates the results of activities, institutes needed actions, and ensures follow up as appropriate. The Health Education program description, work plan, incentive program summary, and end of year work plan evaluation report are all submitted to the CalViva Health QI/UM committee for review and approval. The QI/UM committee provides regular reports to the RHA Commission.

C. Public Policy Committee

The Public Policy Committee includes CalViva Health members, member advocates (supporters), a RHA Commissioner, and a health care provider. Committee responsibilities include obtaining feedback and guidance in the delivery of culturally and linguistically appropriate health care services, and establishing and maintaining community linkages. The Health Education program description, work plan, incentive program summary and end of year reports are shared as information to the Public Policy Committee. The Public Policy Committee provides regular reports to the QI/UM Committee and the RHA Commission.

2. CalViva Health Staff Roles and Responsibilities

A. Chief Medical Officer

CalViva Health's Chief Medical Officer's responsibilities include assuring that CalViva Health's programs are compatible and interface appropriately with the provider network and the overall scope of CalViva Health's QI program. A medical management team is under the direction of the Chief Medical Officer.

B. Medical Management Team

CalViva Health's Medical Management team includes the Chief Medical Officer, Director of Medical Management Services, who is a Registered Nurse, and a Medical Management Specialist to monitor and evaluate the adequacy and appropriateness of health and administrative services on a continuous and systematic basis.

C. Chief Operating Officer

CalViva Health's Chief Operating Officer's responsibilities include assuring that Health Net is coordinating the requested health education services and needs in accordance with the Administrative Services Agreement with CalViva Health. An operations team is under the direction of the Chief Operating Officer.

D. Operations Team

<u>CalViva Health's Operations team includes the Chief Operating Officer and an Operations Coordinator.</u>

The Chief Operating Officer meets the DHCS qualification and definition of a qualified health educator

and maintains a Master Certified Health Education Specialist ("MCHES") certification awarded by the National Commission for Health Education Credentialing, Inc.

Chief Compliance Officer

CalViva Health's Chief Compliance Officer's responsibilities include assuring that CalViva Health's programs are in compliance with the DHCS contract, regulatory standards and reporting requirements. A compliance team is under the direction of the Chief Compliance Officer.

D.F. Compliance Team

CalViva Health's Compliance team includes the Chief Compliance Officer, a Manager Director, who is a Certified Health Education Specialist, a Project Manager, and a Compliance Analyst provider relations representative who focuses on compliance activities with the provider network.

3. Health Net Health Education Department (HED) Staff Roles and Responsibilities

The HED's primary function is to fulfill DHCS contractual requirements for health education and provides a supporting role in the development and implementation of quality improvement initiatives coordinated by the QI Department including but not limited to the development and implementation of HEDIS® interventions. CalViva Health's QI/UM Committee oversees the work of the HED.

A. The HED Leadership Team

Important health education services are developed and coordinated within the CalViva Health service area by the HED. The HED continues to maintain their internal reporting responsibilities within Health Net Community Solutions, as a subsidiary to Health Net Inc., (e.g. Chief Executive Officer (CEO), Vice Presidents, Officers, Directors, etc.) however, activities conducted within the CalViva Health service area are subject to oversight by CalViva Health's staff and respective committees.

Incorporating Health Education into Health Care Services Delivery

Processes are in place, including inter-organizational (CalViva Health and Health Net Community Solutions) and provider-initiated methods of identifying members in need of health education, communication assistance, referral to appropriate departments, and coordination of services delivery. Examples of such coordination activities are as follows:

- a) Quality Improvement (QI): HED provides technical and advisory support on health education-related QI interventions and works closely with QI and the Cultural and Linguistics Services Departments and CalViva Health staff to implement HEDIS® improvement projects.
- b) <u>Cultural & Linguistic Services (C&L):</u> HED coordinates with C&L to develop culturally and linguistically appropriate educational resources and programs including converting materials into alternative formats. HED also coordinates with the C&L department to conduct health disparity projects and with the CalViva Health staff to implement Public Policy Committee meetings throughout Fresno, Kings and Madera Counties.
- c) Member Services (MS): HED coordinates with the Member Services Department to include an on-hold health education message on their toll free Medi-Cal phone line. Various health education programs and resources to members are promoted while transferring them directly to the Health Education Information Line. The HED also coordinates with Member Services to conduct third party oral translation of health education information directly to non-English/non-Spanish-speaking

members and to make health education program referrals by members who access the MS phone line.

- d) <u>Medical Management (MM)</u>: HED works closely with medical directors to incorporate health education interventions into health improvement projects.
- e) <u>Case Management (CM): Health Care Services (HCS)</u>: HED coordinates with <u>HCS-CM</u> nurses to refer members to the HED for health education programs, services and materials. <u>HED also works with CM to develop approved health education resources to meet members' health education needs</u>
- f) <u>Provider Relations (PR)</u>: HED coordinates with PR staff to refer members to the HED for health education programs, services and materials through PR's outreach to providers in the community and/or office.
- g) <u>Public Programs (PP)</u>: HED coordinates with PP staff to refer members to the HED for health education programs, services and materials through PP's targeted initiatives.
- h) Enrollment Services (ES): HED partners with ES to help CalViva Health's pregnant women understand the importance of baby well care visits, postpartum visits and the process for getting their newborn insured.
- I) Member Connections (MC): HED coordinates with MC staff to promote CalViva Health's health education programs and resources to members during their member outreach and home visits.

CalViva Health's health education initiatives support improvement in local public health concerns and support CalViva Health contracted providers' ability to provide culturally and linguistically appropriate health education programs and services.

Strategies for Improving the Effectiveness of Health Education Programs and Services

The HED utilizes findings from program evaluation to identify areas for improvement and to establish strategies for improving program effectiveness. Program evaluation data at varying levels are collected on an on-going basis through methods such as health education class evaluation surveys, reports of weight management activity, quarterly reports of smoking cessation program activity, and member completed preventive health screenings. monthly reports of nutrition, quarterly reports of smoking cessation program activity, member completed preventive health screenings, and monthly reports of weight management program referrals. Strategies are multi-level and developed to tailor specific needs, such as increasing targeted promotion of a program to increase access toutilization of services, enhancing class curricula to include more interactive activities based on feedback from class participants, and enhancing a group intervention program by including an individual-level intervention component.

Providers are contracted to deliver and make available no cost health education programs and services to CalViva Health's Medi-Cal members. To improve provider performance in delivering health education services to members, the HED connect providers to a variety of provider training and educational opportunities such as CME training both within targeted Medi-Cal counties and via free on-line training. PCPs are also kept informed on CalViva Health's health education programs and services. Monitoring is conducted through monthly analysis of program utilization and provider referrals, through the Facility Site Review and Medical Record Review processes. Moreover, the annual work plan is evaluated to assess progress and outcomes and to develop strategies for enhanced intervention effectiveness for the following year.

PROGRAM EVALUATION

HED Internal Monitoring & Evaluation

The following process is in place to ensure internal monitoring and evaluation:

- Health education materials are offered in an appropriate cultural, linguistic, and reading level.
 HED will follow the MMCD All Policy Letter 11-018 (Readability and Suitability of Written Health
 Education Materials) to develop, review and approve written health education materials. CalViva
 Health Chief Medical Officer's review and approval are needed for materials with clinical
 information.
- Health education classes and programs are evaluated for effectiveness.
- A documentation system tracks member requests for health education interventions.
- A documentation system tracks provider requests for health education resources to be distributed to members.
- Requests for health education materials and services are evaluated on a monthly and annual basis.
- Mid-year and year-end work plan evaluation reports are prepared and reviewed.
- A GNA Report is developed. A member survey is conducted during each GNA Report year to obtain member feedback on health education interventions accessed through CalViva Health's HED.
- An evaluation report is submitted to CalViva Health for review and subsequent submission to DHCS annually for each active health education incentive program.

CalViva Health Monitoring & Evaluation

The following activities are in place to ensure CalViva Health's oversight responsibilities over the delegation of HED programs, services and resources to Health Net:

- <u>Communications Review</u> -The CalViva Health Chief Medical Officer, Chief Compliance Officer or designee review and approve all health education materials created by the HED before distribution to CalViva Health members.
- Reports The CalViva Health QI/UM Committee oversees the HED programs and reviews the Health Education Department program description, work plan, and reports to ensure planned interventions are in place and completed by target date.
- <u>Audits</u> CalViva Health conducts an oversight audit of health education activities performed by the HED. The main elements covered in the audit include but are not limited to: establishing, administrating, and monitoring of the health education system, assessing the need for health education, and health education material development and approval process. The results of the audit are shared with the HED, the QI/UM Committee, and the RHA Commission.

Program evaluation for CalViva Health's health education programs and services include both process and outcome measures. Process measures will assess the extent to which the delivery of services is consistent with program design specifications and the level of utilization, such as monitoring of program participation and program feedback. Outcome evaluation will assess the amount and direction of change in knowledge, attitudes, and behaviors that have occurred with an intervention, such as for a health education class. An annual work plan is developed with measurable objectives, rationale, barriers, and outcomes, and is reviewed and updated to monitor and evaluate progress every 6 months.

Item #12 Attachment 12.D

Health Education 2018 Work Plan



2018 Health Education Work Plan

Submitted by:

Patrick Marabella, MD, Chief Medical Officer Amy Schneider, RN, BSN, Director Medical Management

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I. Purpose

The purpose of the CalViva Health (CVH) Health Education Work Plan is to provide a systematic plan of health education activities for the calendar year. It also documents the outcomes of proposed health education programs and services. The implementation of this plan requires the cooperation of CVH senior staff management and multiple departments such as Cultural and Linguistic Services, Quality Improvement, Utilization/Care Management, Members Services, Marketing, and Provider Relations.

II. Goals

- 1. To provide free, accessible, culturally and linguistically appropriate health education and health equity programs, services and resources to:
 - aid members and the community to achieve good health and overall wellbeing,
 - positively impact CVH's health care quality performance rates, and
 - positively impact member satisfaction and retention.
- 2. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.

III. Objectives

- 1. Encourage members to practice positive health and lifestyle behaviors.
- 2. Promote members to appropriately use preventive care and primary health care services.
- 3. Teach members to follow self-care regimens and treatment therapies.
- 4. Support provider offices for efficient and cost effective delivery of health education services and referrals.

IV. <u>Selection of the Health Education Department Activities and Projects</u>

The Health Education Work Plan activities and projects are selected from results of CVH group needs assessment report (i.e., demographics, health status, risk factors, and surveys), regulatory requirements, department evaluation report from the previous year, HEDIS results, contractual requirements, and strategic corporate goals and objectives. After review and input from senior management staff, projects and new departmental activities are identified and incorporated into this work plan. Programs and services are developed with special attention to the cultural and linguistic needs of our membership. This work plan addresses the needs of our Medi-Cal (MC) members.

V. **Strategies**

The Health Education Work Plan supports and maintains excellence in the health education department's activities through the following strategies:

- increase provider support, resources and communication to ensure provision of comprehensive health care services;
- support community collaboratives to promote preventive health initiatives;
- enhance member utilization of health education and cultural and linguistic resources, help members better understand and manage their health conditions, and improve health care quality performance rates;
- improve the Health Education Department's efficiency; and
- meet compliance requirements.

The Health Education Department's (HED) main health focus areas include: pregnancy, weight control, member engagement, smoking cessation, preventive health care services, chronic disease prevention, and health promotion.

1. Initiative/ Project:	Chronic Diseas										
Priority Counties											
Initiative Aim(s)	MEMBER U	ITILIZATION 🗌 PROVIDER SUPPORT 🔀 COLLABORATIVE 🗌	DEPT EFFICIENCY	OVERSIGHT	☐ COMPLIANCE		$oxed{\boxtimes}$ GNA				
HE Departmental Goals	good health ar To provide To provide	 ✓ To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to act good health and overall wellbeing. ✓ To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. ✓ To provide quality health education programs, services and resources to positively impact member satisfaction and retention. ✓ To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. 									
Reporting Leader(s)	Primary:										
Goal of Initiative		To improve diabetes care and outcomes for our Medi-Cal members the multifaceted communication.									
Performance Meas		Objective(s)	2017 Outcomes (Year-End)	2	018 Outcomes (Mid-Year)	2018 Out (Year-I					
Collaborate with key internal partners to identify best pra implementing a National Dia Prevention Program.	ctices for	Develop a work plan for implementing a National Diabetes Prevention Program for pre-diabetic Medi-Cal member.	No program in 2017.								
Collaborate with Madera Co Department of Public Health Dulce Disease Self Manager	s Project	Conduct 1 DSME class series reaching 30% targeted CVH member participants.	No program in 2017.								
Education Program (DSME)											
Education Program (DSME)		Major Activities	Timeframe For Comple	etion	Responsib	le Party(s)					
Education Program (DSME) Promotores participate in D		Major Activities	Timeframe For Comple June 2018		Responsib	le Party(s)					
Promotores participate in D	SME training	Major Activities Olve People Care (EPC) for asthma and diabetes disease management.	·	T. Go	·	le Party(s)					
Promotores participate in D	SME training tunities with Env	olve People Care (EPC) for asthma and diabetes disease management.	June 2018	T. Go M. Z	onzalez	le Party(s)					
Promotores participate in D Explore collaborative opport	SME training tunities with Env	olve People Care (EPC) for asthma and diabetes disease management.	June 2018 December 2018	T. Go M. Z	onzalez Zuniga, H. Su Zuniga, H. Su	le Party(s)					
Promotores participate in DS Explore collaborative opport Contract with vendor to offe Initiative Status	SME training tunities with Enver DPP as approper Met: Recommended Barriers	olve People Care (EPC) for asthma and diabetes disease management.	June 2018 December 2018 December 2018 TIALLY MET	T. Go M. Z M. Z	onzalez Zuniga, H. Su Zuniga, H. Su	le Party(s)					
Promotores participate in DS Explore collaborative opport Contract with vendor to offe Initiative Status (populate at year-end) If Activities/Objectives Not Barriers Encountered and F Interventions to Overcome	SME training tunities with Enver DPP as approper DPP as approp	olve People Care (EPC) for asthma and diabetes disease management. riate MET PAR Include barriers to implementation and systemic/organizational barrie Mid-Year Update	June 2018 December 2018 December 2018 TIALLY MET ers.	T. Go M. Z M. Z NOT M	onzalez Zuniga, H. Su Zuniga, H. Su		?				

2. Initiative/ Project:	Community	Health Education								
Priority Counties		⋈ KINGS ⋈ MADERA								
Initiative Aim(s)	⊠ мемве	R UTILIZATION 🔀 PROVIDER SUPPORT 🔀 COLLABO	RATIVE DEPT EFFICIENCY	OVERSIGHT	COMPLIANCE	HEDIS	⊠ GNA			
HE Departmental Goals	good health To provi To provi	To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to ac od health and overall wellbeing. To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. To provide quality health education programs, services and resources to positively impact member satisfaction and retention. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.								
Reporting Leader(s)	Primary:	T. Gonzalez, G. Toland	Secondar		M. Beckett,	l. Rivera. A. C	orona			
Goal of Initiative		To provide health education to members in the community	•							
Performance Measu	re(s)	Objective(s)	2017 Outco (Year-En		2018 Outcomes (Mid-Year)		utcomes r-End)			
Increase CVH member partic health education classes.	cipation in	Reach a 55% member participation rate in classes.	Conducted 101 health ed 687 participants, of which CVH members.	h, 442 (64%) were						
Increase CVH member partic health screenings.	cipation in	Reach a 55% member participation rate in community heal screenings.	Conducted 3 Know Your N with 116 participants of w were CVH Members.							
		Major Activities	Timeframe For Co	Timeframe For Completion Responsible Party(s)						
	•	of Public Health - Prevention First and Diabetes Prevention lement community education classes and Know Your Numbe	December 2018							
•	•	of Public Health's Fresno County Health Improvement Progra unity education classes and Know Your Numbers forums.	m and December 2018	December 2018 T. Gonzalez						
community education classe	!S.	tion, Adventist Health and community partners to implemen	December 2018		T. Gonzalez, G. Tola	nd				
Coordinate with Provider Re	lations Depar	tment to implement provider lunch and learn trainings.	December 2018		T. Gonzalez, G. Tola	nd				
Initiative Status (populate at year-end)		MET	PARTIALLY MET	NOT ME	т 🗌					
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Include barriers to implementation and systemic/organizat Mid-Year Update Year-End Update								
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were	the objectives feasible? How will le	essons learned impa	ct implementation foi	r next year?				
Initiative Continuation State (populate at year-end)	us	CLOSED CONTINUE INITIAT	VE UNCHANGED (CONTINUE INITIAT	TIVE WITH MODIFIC	CATIONS	1			

3. Initiative/ Project:	Digital Health	Education Programs									
Priority Counties											
Initiative Aim(s)	MEMBER U		DEPT EFFICIENCY OVERSI		🛛 HEDIS 🔃 GNA						
HE Departmental Goals	good health ar To provide To provide	ovide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve lith and overall wellbeing. The provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. It is a provide quality health education programs, services and resources to positively impact member satisfaction and retention. It is a provided the provided in the									
Reporting Leader(s)	Primary:	G. Toland, H. Su, M. Zuniga, D. Carrillo	Secondary:		onzalez						
Goal of Initiative		To increase member engagement using electronica/digital communications.									
Performance Meas	sure(s)	Objective(s)	2017 Outcomes (Year-End)	2018 Outcomes (Mid-Year)	2018 Outcomes (Year-End)						
Partner with QI to implemer Cancer Screening (CCS) text campaign.		Reach 50% of targeted members	12.7% response rate.								
Partner with QI to develop a Management of Persistent N (MPM) text messaging camp	Medication	Reach 50% of targeted members	No campaign in 2017.								
Partner with QI to develop a back pain text messaging ca	•	Reach 50% of targeted members	No campaign in 2017.								
Partner with QI to develop a antibiotic awareness text mo campaign.	ınd pilot an	Reach 50% of targeted members	No campaign in 2017.								
Promote member enrollmer myStrength.	nt in	Enroll 30 members.	Enrolled 32 members.								
		Major Activities	Timeframe For Completion	Responsi	ible Party(s)						
Collaborate with MHN and i	nternally to sync	hronize myStrength promotion calendar.	May 2018	D. Carrillo							
Launch SMS text messaging	campaign for MI	PM.	May 2018	G. Toland							
Launch SMS text messaging	campaign for CC	S.	June 2018	G. Toland							
Launch SMS text messaging	campaign for lov	w back pain.	October 2018	M. Zuniga							
Launch SMS text messaging	campaign for an	tibiotic awareness.	December 2018	M. Zuniga							
Initiative Status (populate at year-end)		MET PART	FIALLY MET	NOT MET							
If Activities/Objectives Not Barriers Encountered and F Interventions to Overcome (populate at mid-year and)	Recommended Barriers	Include barriers to implementation and systemic/organizational barrie Mid-Year Update Year-End Update	ers.								
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were the object.	ives feasible? How will lessons lead	rned impact implementatio	on for next year?						
Initiative Continuation State (populate at year-end)	us	CLOSED CONTINUE INITIATIVE UNCHA	NGED CONTINUE	INITIATIVE WITH MOD	IFICATIONS						

4. Initiative/ Project:	Healthy Equ	ity Projects									
Priority Counties		☐ KINGS	■ MADERA								
Initiative Aim(s)	⊠ MEMBE	R UTILIZATION	PROVIDER SUPPORT	COLLABORATIV	/E DEPT EFFICIENCY	OVERSIO	GHT 🛛 COMPLIANCE		⊠ GNA		
HE Departmental Goals	good health To provi	 ✓ To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve good health and overall wellbeing. ✓ To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. ✓ To provide quality health education programs, services and resources to positively impact member satisfaction and retention. ✓ To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. 									
Reporting Leader(s)	Primary:		T. Gonzalez		Secondary:		G. Toland	, M. Beckett			
Goal of Initiative		To improve materi	nal health in Fresno Cou	nty.							
Performance Measu	re(s)		Objective(s)		2017 Outcomes (Year-End)		2018 Outcomes (Mid-Year)	2018 Out (Year-			
Improve postpartum rate for provider in Fresno County.	r targeted	Develop and implement 1 educational intervention to improve postpartum rate targeting Latinos in Fresno County.			Conducted community asses key informant interviews and analysis.						
		Major Activities			Timeframe For Completion Responsible Party(s)			ble Party(s)			
Conduct staff training in soci	ial determina	nts of health and qu	alitative research metho	ods.	February 2018		M. Beckett				
Develop educational interve	ntions.				December 2018		T. Gonzalez				
Conduct postpartum visit fo	llow up calls.				December 2018		T. Gonzalez				
Initiative Status (populate at year-end)			N	NET 🗌	PARTIALLY MET	NO	т мет 🗌				
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Include barriers to implementation and systemic/organizational barriers. Mid-Year Update Year-End Update									
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activities	adequate to address th	e barriers? Were the c	bjectives feasible? How will les	ssons learned	l impact implementation f	or next year?			
Initiative Continuation State (populate at year-end)	us	CLOSE	ED CON	ITINUE INITIATIVE U	JNCHANGED C	ONTINUE IN	NITIATIVE WITH MODIF	ICATIONS			

5. Initiative/ Project:	HEDIS Impro	ovement Incentiv	ve Programs									
Priority Counties		⊠ KING	S MADERA									
Initiative Aim(s)	⊠ МЕМВЕ	R UTILIZATION	□ PROVIDER SUPPORT	COLLABORATIVE	DEPT EFFICIENCY	OVERSIGHT	COMPLIANCE		⊠ GNA			
HE Departmental Goals	good health To provi To provi	vide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve thand overall wellbeing. vide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. vide quality health education programs, services and resources to positively impact member satisfaction and retention. ease the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.										
Reporting Leader(s)	Primary:		T. Gonzalez, G. Toland,		Second		D. Carrillo	, A. Campos				
Goal of Initiative		To support mer	nbers in being informed, sat	isfied and engaged to eff	ectively manage their h	ealth.			•			
Performance Measu	re(s)		Objective(s)		2017 Outo (Year-E		2018 Outcomes (Mid-Year)	2018 Out (Year-				
Implement a cervical cancer (CCS) member incentive pro increase screenings with tar providers.	gram to geted	50% of educate	d members complete their (cervical cancer screening.	66% of targeted received education completed screen	on and						
Implement a monitoring pat persistent medication (MPN program with a targeted pro	1) incentive	15% of member complete their	rs reached through a MPM t MPM labs.	ext messaging campaign	No program in 20	017.						
Implement a baby shower n incentive program	nember	Reach a 50% m	each a 50% member participation rate in baby showers.		56% (148/264) of shower participal members.	-						
		Major Ac	tivities		Timeframe For	Completion	Responsible Party(s)					
Identify high volume, low pe	erforming pro	viders by county t	to partner with health educa	ation incentive programs.	March 2018	D	. Carrillo					
Implement a member text (S labs and 2) to attend already	, ,	Ū	embers: 1) to schedule an ap	ppointment to complete	June 2018	T.	. Gonzalez, G. Toland					
Implement HEDIS clinics tha					December 2018	T.	. Gonzalez, G. Toland					
Conduct follow up calls to m					December 2018		. Gonzalez, I. Rivera, G.					
Train providers with in-hous			CCS and follow up calls to ca	are gap members.	December 2018		. Gonzalez, I. Rivera, G.	Toland				
Distribute gift cards to incer Download Care Gap reports			and fan LIEDIC haaad intonio	-1:	Ongoing		. Campos . Carrillo					
Initiative Status (populate at year-end)	and pull non-	compliant memb			Ongoing ARTIALLY MET	 	MET					
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Mid-Year Upda Year-End Upda	Include barriers to implementation and systemic/organizational barriers. Mid-Year Update Year-End Update									
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activi	ties adequate to address the	barriers? Were the objec	tives feasible? How will	lessons learned in	npact implementation f	or next year?				

Initiative Continuation Status (populate at year-end)	CLOSED	CONTINUE INITIATIVE UNCHANGED	CONTINUE INITIATIVE WITH MODIFICATIONS
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6. Initiative/ Project:	Immunizatio	on Initiative										
Priority Counties			■ MADERA									
Initiative Aim(s)	⊠ MEMBE	R UTILIZATION 🔀 PROV	VIDER SUPPORT	⊠ COLLABORATIVE		DEPT EFFICIENCY	OVERSIO	GHT 🛛 COMPLIANCE		⊠ GNA		
HE Departmental Goals	good health To provi	To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve not health and overall wellbeing. To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. To provide quality health education programs, services and resources to positively impact member satisfaction and retention. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.										
Reporting Leader(s)	Primary:		T. Gonzalez			Secondary	/ :	G.	Toland			
Goal of Initiative		Educate members to acce	ess timely preventi	ve health care services.								
Performance Measu	re(s)		Objective(s)			2017 Outcon (Year-End		2018 Outcomes (Mid-Year)	2018 Out Year			
Collaborate with QI to imple Childhood Immunization (CI: Performance Improvement I	S)	Develop, implement and intervention to improve C				No program in 2017	,					
		Major Activities				Timeframe For Co	mpletion	Responsible Party(s)				
Implement and evaluate a ch	ildhood immui	nizations reminder campaigr	n using SMS.			December 2018		T. Gonzalez				
Initiative Status (populate at year-end)			ME	ET PA	ARTIA	ALLY MET	NO	т мет 🗌				
If Activities/Objectives Not	Met:	Include barriers to implementation and systemic/organizational barriers.										
Barriers Encountered and Recommended Intervention	ns to	Mid-Year Update										
Overcome Barriers (populate at mid-year and y	vear-end)	Year-End Update										
Overall Effectiveness/Lesso (populate at year-end)												
Initiative Continuation State (populate at year-end)	us	CLOSED	CONT	TINUE INITIATIVE UNC	CHAN	GED C	ONTINUE IN	NITIATIVE WITH MODI	FICATIONS 🗌			

7. Initiative/ Project:	Member Enga	agement									
Priority Counties	⊠ FRESNO	☐ KINGS ☐ MADERA									
Initiative Aim(s)	⊠ MEMBER	UTILIZATION PROVIDER SUPPORT COLLABORATIVE	☐ DEPT EFFICIENCY ☐ OVERSI	GHT COMPLIANCE	HEDIS S GNA						
HE Departmental Goals	good health a To provide To provide	To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve d health and overall wellbeing. To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. To provide quality health education programs, services and resources to positively impact member satisfaction and retention. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.									
Reporting Leader(s)	Primary:	T. Gonzalez	Secondary:		G. Toland, I. Rivera						
Goal of Initiative		To support members in being informed, satisfied and engaged to	effectively manage their health.								
Performance Measi	ure(s)	Objective(s)	2017 Outcomes (Year-End)	2018 Outcomes (Mid-Year)	2018 Outcomes (Year-End)						
Increase member screenings care measures.	s for diabetes	15% of member participants in Know Your Numbers (KYN) interventions complete their screening.	10% member screened.								
Increase member understan health plan benefits, health satisfaction and preventive bacreenings.	plan	Achieve 90% satisfaction from participants attending the Member Orientation classes.	No project in 2017.								
		Major Activities	Timeframe For Completion	Respons	sible Party(s)						
		ion timeline and confirm target counties.	April 2018	T. Gonzalez							
		essure curriculum with updated blood pressure measures.	June 2018	T. Gonzalez							
addressing member needs re	elated to social		June 2018	2018 T. Gonzalez							
Partner with key providers to	o promote KYN	forums to targeted members.	December 2018	T. Gonzalez							
Initiative Status (populate at year-end)		мет 🗌 п	PARTIALLY MET N	ОТ МЕТ							
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	countered and ded Interventions to Barriers Mid-Year Update VegrEnd Update										
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were the ob	jectives feasible? How will lessons learı	ned impact implementatio	on for next year?						
Initiative Continuation State (populate at year-end)	us	CLOSED CONTINUE INITIATIVE UN	CHANGED CONTINUE	INITIATIVE WITH MOD	IFICATIONS						

8. Initiative/ Project:	Member Ne	wsletters											
Priority Counties		$oxed{oxed}$ KINGS	⊠ MADER	A									
Initiative Aim(s)	⊠ MEMBE	R UTILIZATION	□ PROVIDER SUPP	ORT COLLABOR	ATIVE DEPT EFFICIENCY	OVERSIGE	T COMPLIANCE		⊠ GNA				
HE Departmental Goals	good health To provi	To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve ood health and overall wellbeing. To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. To provide quality health education programs, services and resources to positively impact member satisfaction and retention. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.											
Reporting Leader(s)	Primary:		K. Schlater		Secondary:								
Goal of Initiative		To educate mem	bers about different	health topics and availa	able programs and services.								
Performance Measu	re(s)		Objective(s)		2017 Outcomes (Year-End)		2018 Outcomes (Mid-Year)	2018 Out (Year-I					
Inform CVH members of current health education topics and Medi-Cal policies and services.		Produce 4 memb			4 newsletters distributed to C members: Spring 2017: 160, 175 Summer 2017: 161,116 Fall 2017: 160,180 Winter 2017: 159,061	CVH							
		Major Activities			Timeframe For Compl	letion	Responsi	ble Party(s)					
Conduct interdepartmental		ecide 2018 newsle	tter topics.		January 2018		C. Schlater						
Update desktop procedure a					December 2018		K. Schlater						
Submit 4 newsletters to C&L				1	Quarterly		(. Schlater						
Develop and implement mer	mber newsiet	ters according to t	ne production sched	ule.	Quarterly		C. Schlater						
Initiative Status (populate at year-end)				MET	PARTIALLY MET	NOT	MET 🗌						
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Include barriers Mid-Year Updat Year-End Updat	e	nd systemic/organizatio	nal barriers.								
Overall Effectiveness/Lesson (populate at year-end)	ns Learned	Were the activiti	es adequate to addr	ess the barriers? Were t	he objectives feasible? How will I	lessons learned i	mpact implementation f	or next year?					
Initiative Continuation Statu (populate at year-end)	us	CLOSED CONTINUE INITIATIVE UNCHANGED CONTINUE INITIATIVE WITH MODIFICATIONS											

9a. Initiative/ Project:	Obesity Pre	vention: Members										
Priority Counties												
Initiative Aim(s)	MEMBEI	R UTILIZATION 🔃 PROVIDER SUPPORT 🗌 COLLABORATI	IVE DEPT EFFICIENCY OVERSION	GHT COMPLIANCE	🛚 HEDIS 🔻 GNA							
HE Departmental Goals	good health To provide To provide	To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve good health and overall wellbeing. To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. To provide quality health education programs, services and resources to positively impact member satisfaction and retention. To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations.										
Reporting Leader(s)	Primary:	D. Carrillo	Secondary:		ez, G. Toland							
Goal of Initiative		To increase member awareness and participation in obesity pre										
Performance Measu		Objective(s)	2017 Outcomes (Year-End)	2018 Outcomes (Mid-Year)	2018 Outcomes (Year-End)							
Increase Fit Families for Life Home Edition Program enro satisfaction.		Enroll 400 members (70% flagged as high-risk) and 90% satisfaction from program surveys.	Enrolled 375 members (85% flagged as high risk) and 100% satisfaction.									
Improve FFFL Coaching Program enrollment and engagement.		Enroll 75 members with 65% of members completing at least 1 call (closed cases) and 40% members completing all 5 calls (closed cases with at least 1 call).	Enrolled 94 members with 77% of members completing at least 1 call (closed cases) and 49.1% members completing all 5 calls (closed cases with at least 1 call).									
Increase Healthy Habits for F People (HHHP) program enro		100 members.	0 members enrolled.									
		Major Activities	Timeframe For Completion	Respons	ible Party(s)							
Draft process to update prov	viders on FFFL	referrals (monthly).	April 2018	D. Carrillo								
Update Desktop Procedures	outlining pop	ulation health outreach strategies.	July 2018	D. Carrillo								
Promote FFFL and HHHP in r	nember news	letter.	August 2018	D. Carrillo								
Pilot Coaching program rete	ntion outreac	h using text messages.	September 2018	D. Carrillo								
Finalize contract with Envolv	e People Care	e to transition Coaching program to Raising Well (if applicable)	December 2018	D. Carrillo,								
Promote weight managemen	nt resources c	on the CVH website.	December 2018	D. Carrillo								
Identify and utilize datasets	acknowledgin	g member risk based on weight status.	Ongoing	D. Carrillo								
Initiative Status (populate at year-end)		мет 🗌	PARTIALLY MET NO	ОТ МЕТ								
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Include barriers to implementation and systemic/organizational Mid-Year Update Year-End Update	l barriers.									
Overall Effectiveness/Lesson (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were the	objectives feasible? How will lessons learned	d impact implementation j	for next year?							
Initiative Continuation State (populate at year-end)	us	CLOSED CONTINUE INITIATIVE	UNCHANGED CONTINUE II	NITIATIVE WITH MODIF	FICATIONS							

9b. Initiative/ Project:	Obesity Pre	vention: Communit	ty									
Priority Counties		$oxed{\boxtimes}$ KINGS										
Initiative Aim(s)	⊠ MEMBE	RUTILIZATION [PROVIDER SUPPOR	RT 🔀 COLLABO	ORATIVE [DEPT EFFICIENCY	OVERSIO	GHT COMPLIANCE	⊠ HEDIS	⊠ GNA		
HE Departmental Goals	good health To provi	rovide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve ealth and overall wellbeing. rovide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. rovide quality health education programs, services and resources to positively impact member satisfaction and retention. herease the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. T. Gonzalez, G. Toland										
Reporting Leader(s)	Primary:		D. Carrillo			Secondary:			•			
Goal of Initiative		To increase aware health outcomes.	eness and participation	n of CalViva Health	n's obesity pre		e community	to impact membership r				
Performance Measu	re(s)		Objective(s)			2017 Outcomes (Year-End)		2018 Outcomes (Mid-Year)	2018 Out (Year-			
Conduct Fit Families for Life Community classes, increase participant knowledge and a satisfaction rates.	2	achieve 80% corre	nber participation rate ect answers per knowl 0% satisfaction rate fro	edge metric	Reached a 31.5% member participation rate; 80% correct answers on all knowledge metrics (workshops); 100% satisfaction rate overall from workshops. No series data collected.							
		Major Activities			Timeframe For Completion			Responsible Party(s)				
Mid-year FFFL performance	review with H	ealth Education Tra	ainers.		July 2018			D. Carrillo				
Implement 2+ FFFL Classes.					December 2	2018		D. Carrillo				
Initiative Status (populate at year-end)				MET	PAR	TIALLY MET	NO	Т МЕТ 🗌				
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and)	ns to	Mid-Year Update	Include barriers to implementation and systemic/organizational barriers. Mid-Year Update Year-End Update									
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activitie	s adequate to address	the barriers? Wer	re the objectiv	es feasible? How will le	ssons learned	l impact implementation	for next year?			
Initiative Continuation State (populate at year-end)	us	CLOS	ED C	ONTINUE INITIA	TIVE UNCHA	NGED C	ONTINUE IN	IITIATIVE WITH MODI	FICATIONS			

10. Initiative/ Project:	Perinatal Education								
Priority Counties	FRESNO KINGS MADERA								
Initiative Aim(s)	МЕМВЕ	R UTILIZATION Note: PROVIDER SUPPORT Note: Collaborative	/E DEPT EFFICIENCY OVERSION	GHT COMPLIANCE HEDIS GNA					
HE Departmental Goals	good health To provi To provi	 ☑ To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve good health and overall wellbeing. ☑ To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. ☑ To provide quality health education programs, services and resources to positively impact member satisfaction and retention. ☑ To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. 							
Reporting Leader(s)	Primary:	K. Schlater, G. Toland, I. Rivera	Secondary: A. Campos, T. Gonzalez, D. Carrillo						
Goal of Initiative		To educate and assist pregnant women to have healthy pregnar	cies, newborns and access timely prenatal	and postpartum visits.					
Performance Measu	re(s)	Objective(s)	2017 Outcomes (Year-End)	2018 Outcomes 2018 Outcomes (Mid-Year) (Year-End)					
Promote pregnancy packets members.	to	Distribute 1,500 pregnancy information packets to requesting CVH pregnant members.	1,447 pregnancy packets were mailed to CVH members.						
Coordinate bilingual baby showers in to expectant mothers in Fresno and Kings County.		Implement 25 baby showers within Kings and Fresno counties.	Completed 28 baby showers in Fresno and Kings Counties with 264 attendees, of which, 148 (56%) were CVH members.						
Major Activities			Timeframe For Completion	Responsible Party(s)					
		Il departments to promote pregnancy education resources to n American and Latino pregnant members.	December 2018	G. Toland, I. Rivera					
Coordinate with QI, communand Spanish.	nity based org	ganizations, and clinics to implement baby showers in English	December 2018	G. Toland, I. Rivera					
Train Provider Relations and pump policy.	QI departme	ent staff on updated Infant Nutrition Benefit Guide and breast	December 2018	K. Schlater					
Initiative Status (populate at year-end)		MET PARTIALLY MET NOT MET							
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Include barriers to implementation and systemic/organizational barriers. Mid-Year Update Year-End Update							
Overall Effectiveness/Lesson (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were the objectives feasible? How will lessons learned impact implementation for next year?							
Initiative Continuation Statu (populate at year-end)	us	CLOSED CONTINUE INITIATIVE I	JNCHANGED CONTINUE II	NITIATIVE WITH MODIFICATIONS					

11. Initiative/ Project:	Promotores	Health Network	(PHN)							
Priority Counties	☐ FRESNO ☐ KINGS ☑ MADERA									
Initiative Aim(s)	⊠ MEMBE	R UTILIZATION	PROVIDER SUPPOR	T COLLABORATIVE		DEPT EFFICIENCY	OVERSIG	HT COMPLIANCE		☐ GNA
HE Departmental Goals	good health To provi	 ✓ To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve good health and overall wellbeing. ✓ To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. ✓ To provide quality health education programs, services and resources to positively impact member satisfaction and retention. ✓ To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. 								
Reporting Leader(s)	Primary:		T. Gonzalez, A.			Secondary:			M. Beckett	
Goal of Initiative		To use trusted co	ommunity health advoc	ates to provide health educ	ation to	members and pro	oviders in the c	ommunity.		
Performance Measu	re(s)	Objective(s)			2017 Outcomes (Year-End)		2018 Outcomes (Mid-Year)	2018 Ou (Year-		
Implement the Rx for Health intervention to increase mer participation in PHN educati	mber on charlas.		mber participation in e			No Rx for Health program in 2017.				
Increase member participati		participants.	class series reaching 30	0% targeted CVH member		No program in 201	17.			
Implement the Rx for Health intervention to increase member request for Fit Families for Life (FFFL) Home Edition educational resource.			uest FFFL Home Editior	educational resources.		15 member reque:				
Major Activities						Timeframe For C	Completion	Responsible Party(s)		
Develop Rx for Health (preso			oval and train promotor	es.		June 2018		T. Gonzalez		
Complete DSME training for						June 2018		T. Gonzalez		
Establish partnership with M Public Health to implement	Diabetes Prev	vention Program a	nd Project Dulce DSME	programs.		December 2018		T. Gonzalez		
Collaborate with Madera Co		•				December 2018		T. Gonzalez		
Continue collaboration with	Madera Unifi	ed School District	Parent Resource Cente	rs to host diabetes classes.		December 2018		T. Gonzalez		
Initiative Status (populate at year-end)		MET PARTIALLY MET NOT MET								
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Mid-Year Updat Year-End Updat	e e	systemic/organizational bar						
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activiti	es adequate to address	the barriers? Were the obje	ectives f	easible? How will l	essons learned	impact implementation	for next year?	
Initiative Continuation State (populate at year-end)	us	CLO	SED C	ONTINUE INITIATIVE UN	CHANG	GED [CONTINUE IN	IITIATIVE WITH MODI	FICATIONS _	

12. Initiative/ Project:	Tobacco Cessation Program								
Priority Counties	FRESNO KINGS MADERA								
Initiative Aim(s)	MEMBER UTILIZAT	TION 🛛 PROVIDER SUPPORT 🖾 COLLABORATIVE 🗌	DEPT EFFICIENCY OVERSION	GHT 🔀 COMPLIANCE	HEDIS GNA				
HE Departmental Goals	 ☑ To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve good health and overall wellbeing. ☑ To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. ☑ To provide quality health education programs, services and resources to positively impact member satisfaction and retention. ☑ To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. 								
Reporting Leader(s)	Primary:	B. Nate	Secondary:						
Goal of Initiative		To improve members' health outcomes and reduce health care							
Performance N	leasure(s)	Objective(s)	2017 Outcomes (Year-End)	2018 Outcomes (Mid-Year)	2018 Outcomes (Year-End)				
Collaborate with California S other internal departments cessation program enrollme	to improve smoking	Enroll 290 smokers into CA Smokers' Helpline.	Enrolled 318 members.						
Major Activities			Timeframe For Completion	Responsible Party(s)					
join the California Smokers'	Helpline.	moking related CDT and ICD-10 codes and encourage them to	March/September 2018	B. Nate					
	•	provider web referral twice a year.	June/December 2018 B. Nate						
Update 2018 Program Descr		cedures.	September 2018	B. Nate					
Conduct one (1) provider we			September 2018	·					
Promote CSH in one Medi-C			September 2018 B. Nate Quarterly 2018 B. Nate						
Track and evaluate member	participation in smoking	g cessation services.	B. Nate						
Initiative Status (populate at year-end)		MET PARTIALLY MET NOT MET							
Include barriers to implementation and systemic/organizational by If Activities/Objectives Not Met: Barriers Encountered and Recommended Interventions to Overcome Barriers (populate at mid-year and year-end) Include barriers to implementation and systemic/organizational by Mid-Year Update Year-End Update			al barriers.						
Overall Effectiveness/Lesso (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were the objectives feasible? How will lessons learned impact implementation for next year?							
Initiative Continuation State (populate at year-end)	us	CLOSED CONTINUE INITIATIVE UNCHANGED CONTINUE INITIATIVE WITH MODIFICATIONS							

13. Initiative/ Project:	Compliance	e: Oversight and Reporting							
Priority Counties	☐ FRESNO	KINGS MADERA							
Initiative Aim(s)		R UTILIZATION PROVIDER SUPPORT COLLABORATIVE	DEPT EFFICIENCY OVERSI	GHT 🛛 COMPLIANCE	HEDIS GNA				
HE Departmental Goals	 ☑ To provide free, accessible, culturally and linguistically appropriate health education programs, services and resources to aid members and the community to achieve good health and overall wellbeing. ☑ To provide quality health education and health equity programs, services and resources to positively impact CVH's health care quality performance rates. ☑ To provide quality health education programs, services and resources to positively impact member satisfaction and retention. ☑ To increase the quality, availability, and effectiveness of health education through internal and external partnerships and collaborations. 								
Reporting Leader(s)	Primary:	H. Su, M. Beckett	Secondary:	T. Gonzalez, N	И. Lin, G. Toland				
Goal of Initiative		To meet DHCS and CalViva Health compliance requirements.							
Performance Measu	re(s)	Objective(s)	2017 Outcomes (Year-End)	2018 Outcomes (Mid-Year)	2018 Outcomes (Year-End)				
Complete and submit Health Education Department's Program Description, Work Plan, and Work Plan evaluation reports.		Complete and submit Program Description, Work Plan, and Work Plan evaluation reports.	Submitted work plan evaluation, work plan and Program Description.						
Update Health Education De Policies and Procedures.	partment's	Update Policies and Procedures.	Updated Policies and Procedures.						
Complete all incentive program reports to CalViva Health and DHCS.		Complete semi-annual progress reports and annual DHCS incentive evaluation reports.	Submitted semi-annual progress reports and annual DHCS incentive evaluation reports.						
Develop and distribute a Provider Update on Staying Healthy Assessment (SHA).		Produce 1 Provider Update.	Produced one Provider Update.						
Present Health Education updates at PPC meetings.		Conduct 4 PPC meetings.	Conducted 4 PPC meetings.						
Major Activities			Timeframe For Completion	Responsible Party(s)					
Update Department Program	n Description		April 2018	H. Su					
Complete mid-year and year	end health e	education work plan evaluation reports.	April/October 2018	H. Su, M. Beckett					
Produce and distribute Provi			September 2018	M. Lin					
Update Health Education De			November 2018	H. Su					
		ports and annual DHCS evaluations.	Semi-annual, Annually	T. Gonzalez, H. Su					
Coordinate with CalViva Health and Cultural & Linguistic Services staff to implement PPC meetings.			Quarterly	T. Gonzalez, G. Toland					
Initiative Status (populate at year-end)	MET PARTIALLY MET NOT MET								
If Activities/Objectives Not Barriers Encountered and Recommended Intervention Overcome Barriers (populate at mid-year and y	ns to	Include barriers to implementation and systemic/organizational barriers. Mid-Year Update Year-End Update	:.						

Overall Effectiveness/Lessons Learned (populate at year-end)	Were the activities adequate to a	ivities adequate to address the barriers? Were the objectives feasible? How will lessons learned impact implementation for next year?				
Initiative Continuation Status (populate at year-end)	CLOSED	CONTINUE INITIATIVE UNCHANGED	CONTINUE INITIATIVE WITH MODIFICATIONS			

14. Initiative/ Project:	Health Education Department Promotion, Materials Update, Development, Utilization and Inventory							
Priority Counties	FRESNO KINGS MADERA							
Initiative Aim(s)	MEMBER UTILIZATI	ON PROVIDER SUPPORT	☐ COLLABORATIVE	DEPT EFFICIENCY	OVERSIGHT	☐ COMPLIANCE	$oxed{\boxtimes}$ HEDIS	☐ GNA
HE Departmental Goals	good health and overall To provide quality h To provide quality h	wellbeing. ealth education and health equity ealth education programs, service	r programs, services and resources to positiv	nducation programs, services and resources to aid members and the community to achieve and resources to positively impact CVH's health care quality performance rates. In the satisfaction and retention. In the satisfaction and retentions and collaborations.				
Reporting Leader(s)	Primary:	G. Toland, M. Zuniga Secondary:			y:	A. Campos, N. Dominguez		
Goal of Initiative		To produce and update health e	ducation resources to me	et member and provider	needs.			
Performance N		Objectiv	ve(s)	2017 Outco (Year-En		2018 Outcomes 2018 Outcomes (Mid-Year) (Year-End)		
All required health education materials topics and languages available to providers, members and associates.		Develop needed materials and r compliance.	resources to meet	All materials up for were updated.	a review			
Adapt, review and approve r pregnancy educational prog	•	Launch a new healthy pregnanc	y educational program.	No new program ir	n 2017.			
Major Activities				Timeframe For Co	ompletion	Responsible Party(s)		
Phase out member request f	orm to start in 2019 and	transition Krames link onto CalViv	vahealth.com website.	September 2018	G. 1	G. Toland		
Update materials identificati	on codes with scanning v	vendor.		December 2018	December 2018 G. Toland			
Review, process, and track E	PC materials review and	approval for program implementa	ation.	December 2018	G. 1	Foland		
Bi-weekly meetings or as neo projects.	cessary meetings with Ma	arketing and Health Ed. to discuss	material status and	December 2018	G. 1	G. Toland		
Develop and implement 201	8 CVH materials work pla	n and budget.		December 2018	G. 1	G. Toland		
Partner with Provider Relation	ons to promote health ed	ucation materials. December 2018 M. Zuniga, T. Gonzalez, G. Toland				i. Toland		
Initiative Status (populate at year-end)		MET PARTIALLY MET NOT MET						
Include barriers to implementation and systemic/s If Activities/Objectives Not Met: Barriers Encountered and Recommended Interventions to Overcome Barriers (populate at mid-year and year-end) Include barriers to implementation and systemic/s Mid-Year Update Year-End Update			ion and systemic/organizo	ational barriers.				
Overall Effectiveness/Lesson (populate at year-end)	ns Learned	Were the activities adequate to address the barriers? Were the objectives feasible? How will lessons learned impact implementation for next year						next year?
Initiative Continuation Statu (populate at year-end)	CONTINUE INITIATIVE	UNCHANGED 🗌	CONTINUE I	NITIATIVE WITH M	ODIFICATION	is 🗌		