

Get Help and Support for Your Healthcare Needs

LOOK NO FURTHER THAN YOUR LOCAL COMMUNITY HEALTH WORKERS

When it comes to getting the most out of your healthcare, Community Health Workers (CHWs) can be your best choice. CHWs are community members that can provide you with expert guidance through the healthcare system. They know the ins and outs. And, they can speak the language to help you get the care that's right for you.

You can call on CHWs when you need help to:

- Get active in your own healthcare.
- Resolve issues with getting healthcare.
- Schedule office visits, get referrals and secure transportation to medical services.
- Manage or know more about your condition.
- Access mental health services.
- Get information on health topics important to you.
- Know what resources are available for domestic violence and other violence prevention services.

CHWs can also help refer you to Community Support services for social health needs such as:

-  Finding housing, sustaining tenancy and making deposits
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-  Medically tailored meals
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-  Healing care – short-term (after leaving the hospital)
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-  Nursing resources and changes to the home
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-  Sobering centers and more



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CHW services are for Medi-Cal Managed Care Health Plan Members. You must be enrolled in a Medi-Cal health plan to access Community Health Worker services.

If you need help signing up for a Medi-Cal health plan, you can call California's State's Medi-Cal Health Care Options at **800-430-4263**.

To learn more about CHW services:

- Ask your doctor or clinic about the benefit. If you are able to receive CHW services, you will need to get an order from your provider. Or, get an order from a licensed practitioner.
- Call CalViva Health toll free with questions **888-893-1569 (TTY: 711)**, 24 hours a day, 7 days a week.
- Call California's Medi-Cal Health Care Options at **800-430-4263 (TTY 800-430-7077)**.

