

Help Your Child Prosper

SCHEDULE A WELL-CHILD VISIT WITH A DOCTOR TODAY!

Well-child visits catch and treat health problems early, setting your child up for success in school. They also promote health habits that can last a lifetime. If your child has not had a recent checkup, please call your doctor today to schedule the visit.

Well-child visits can help:



- 1. Track growth, development and behavior.** Make sure your child is growing as planned.
- 2. Stop the spread of illness.** Prevent illness such as measles and whooping cough with needed vaccines (shots).
- 3. Screen and treat health problems early.** Many health problems have no warning signs.
- 4. Get advice and answers from the doctor.** Ask about concerns you may have.

Every child needs a well visit

Keep your child healthy. Well visits are needed even if your child is not sick. Schedule well visits at least 1 to 2 months before the ages listed below. There is no cost to attend these visits. **Complete your well visit during these ages:**



Newborn
3 to 5 days



Baby
At 1, 2, 4, 6,
and 9 months



Toddler
At 12, 15,
18, 24 and
30 months



**Child, teen,
young adult**
Every year for 3
through 21 years



Call Member Services at 1-888-893-1569 (TTY: 711) to find:



- A doctor
- An interpreter
- No-cost transportation to and from the doctor's office

This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.

www.CalVivaHealth.org

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