

# BIH Helps CalViva Health Members and their Babies Live Healthier Lives

## GET SUPPORT SERVICES AT NO COST

CalViva Health is happy to introduce our new community partner, California Black Infant Health (BIH). BIH has proudly served Black families for **more than 35 years** and is giving needed support to CalViva Health members at **no cost**. This partnership will help members make informed choices about how their baby can begin life healthy and strong. At the same time, BIH can empower members to live healthier lives.

### Who can enroll

Members can enroll in BIH if they are:

- 1 Black or African American;
- 2 16 years old or older; and
- 3 Pregnant or gave birth in the past 6 months.

### What BIH offers

California Black Infant Health (BIH) offers no-cost services that include:

- Group classes that help members make better health choices and lower stress.
- One on one support.
- Space to gather with other mothers and birthing people to discuss parenting and healthy relationships.
- Access to the BIH team who honor Black and African American history and culture.

### How to enroll

As a CalViva Health partner, BIH will contact CalViva Health members who are eligible to enroll. Members will receive a text or call from BIH with more information.

Members can also self-enroll at the BIH website [www.BlackInfantHealth.org](http://www.BlackInfantHealth.org). Or, scan the QR code here to complete an enrollment form.



Help us **share this message** with someone you know who is pregnant or just gave birth!



 Contact CalViva Health Member Services Department 24 hours a day, 7 days a week by calling toll-free:  
**1-888-893-1569 (TTY: 711).**